The name of the dance translates "slow dance." It's a man's damce from Bitlis.

PRONUNCIATION: THE VERK ahr kuh-venk

MUSIC:

Cappadocia '85, (LP) Side 2, Band 6

FORMATION:

M in lines, shldr to shldr (L fwd of R), arms in "V" pos in back

of body, fingers interlocked

STYLE:

Very small ftwk

METER: 4/4

PATTERN

Meas.

INTRODUCTION: 8 meas

## PART I:

- Moving twd ctr, step R fwd with knee flex (ct 1); flex R knee (ct &); rpt cts 1-& twice more alternating ftwk L, flex, R, flex (3 in all) (cts 2,&,3,&); tch L toe in front of R (ct 4); push L fwd and down low (ct &)

  NOTE: Flex knee twice on ea ct
- Moving bkwd, step L bkwd (ct 1); push R fwd and down low (ct &); rpt cts 1,& twice more, alternating ftwk R, push, L, push (3 in all (cts2,&,3,&); bend L knee as R heel touches in front of L lean bk and yell "hey!" (ct 5); tch R heel sdwd yell "hey!" (ct &)

  NOTE: Do only 1 time (meas 1-2) the 1st time through the dance
- 3-4 Rpt meas 1-2

## PART II:

- In place, step R ftwd with knee flex bend fwd (ct 1); flex R knee (ct 2); step L bk in place with knee flex straighten body (ct 2); flex L knee (ct 2); step R fwd with knee flex bend fwd (ct 3); flex R knee (ct 2); tem L toe in front of R (ct 4); push R fwd and down low (ct 2)

  NOTE: Flex knee twice on ea ct
- 2 Rpt Part I, meas 2 with smaller steps (L bk, flex, R bk, kick, L bk, kick, tch R heel front, tch R heel sdwd)
- 3-4 Rpt meas 1-2 (2x in all)

## PART III:

- Moving twd ctr, close ft tog bend fwd (ct 1); lift L fwd bend bkwd (ct 5); step L fwd bend fwd (ct 2); lift r fwd bend bkwd (ct 5); step R fwd bend fwd (ct 3); lift L fwd bend bkwd (ct 5); tch L toe in front R lean bkwd, yell "hey!" (ct 4); kick L fwd and down low yell "hey!" (ct 5)
- 2 Rpt Part I, meas 2 with smaller steps (L bk, push, R bk, push, L bk, push, tch R heel x, tch R heel sdwd)
- 3-8 Rpt meas 1-2, 3 more times (4 in all)

Presented by Bora Ozkok Idyllwild F.D. Camp, 1987

Source notes by Dorothy Daw