## Presented by Al Pill

# LOS AIRES NACIONALES

#### Mexico

SOURCE:

This dance is a regional jarabe made up of dance melodies and steps from various regions of Central Mexico. The dance itself is very old, and was taught many years ago by Casilda Amador of Claremont, California, from whom it was learned by Albert S. Pill

RECORD:

ASP 6001 A

FORMATION:

Cpls in a double circle, ptnrs facing, M back to center.

STEPS:

1. Brush Step (6/8 time)
Step flat on L ft (ct 1), brush R ft fwd (ct 2), brush R ft
bwd (ct 3), step flat on R ft (ct 4), brush L ft fwd (ct 5),
brush L ft bwd (ct 6). The brushing foot remains close to
floor.

- 2. Swinging Brush Step (6/8 time)
  Step flat on L ft (ct 1); brush R ft diag L and across R ft
  turning body diag L (ct 2); brush R ft diag bwd to the R,
  turning body to face front (ct 3); step flat on R ft (ct 4);
  brush L ft diag R and across L ft, turning body diag R (ct 5);
  brush L ft diag bwd to L, turning body to face front (ct 6).
- 3. Alternating Double Zapateado with Brush (6/8 time)
  Stamp fwd on L ft (ct 1), brush R ft fwd (ct 2), step on
  R toe at L side of L ft (ct 3), step L ft in place (ct 4),
  brush R ft in front of L ft (ct 5), brush R ft bwd (ct 6).
  The following step then begins with R ft.
- 4. Tapatio Step (3/4 time)
  Stamp on L ft to L side (ct 1); circle R ft in a CW circle close to floor (ct 2); step on R toe next to L ft (ct &); step flat on L ft to L side (ct 3); step on R toe next to L ft (ct &). The step continues, always beg L ft until the break. Then, the next set of Tapatio steps always begins with R ft.
- 5. Tlaxcala Step (3/4 time)
  Step fwd into R heel, putting full wt on R ft and bending body fwd, at same time L ft is extended out to L side (ct 1), step on L ft crossed behind R ft and out to R side (ct 2), step R ft next to L ft (ct 3). The following step begins by stepping onto L heel.
- 6. Pawing Step (3/4 time)
  Stamp on R ft (ct 1), paw at ground by brushing R ft bwd but without raising R ft from floor (ct 2), tap ball of R ft next to L ft (ct 3). The following step begins with stamp on L ft.

Contribued ...

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STEPS:

7. Single Zapateado (6/8 time - 2 steps per measure)

Stamp L ft in place (ct 1), hit R heel fwd at side of
L ft (ct 2), step R toe at side of L ft (ct 3), repeat
above action (cts 4-6). This step may also begin with
R ft.

MEASURES	PATTERN
	Introduction: Chord
<u>A</u> 6/8	FIGURE I - BRUSH STEPS-CROSS OVER Ptnrs exchange places, passing R shoulders, with 3 Brush Steps.
4 5-8 9-13	Make ½ turn to R with 1 Brush Step to face ptnr.  Dance 4 Swinging Brush Steps in exchanged places.  Return to original places passing R shoulders, with 5  Alternating Double Zapateado Steps.
14-15	Make ½ turn to R with 2 Alternating Double Zapateado Steps, to again face ptnr.
16	Stamp R (cts 1-3), stamp L without taking wt (cts 4-6).
B 3/4 I-7	FIGURE II - EL TAPATIO Ptnrs move to each other's place with 7 Tapatio Steps. Ptnrs continually face and circle CW. Step always begins L ft.
8 9 <b>–1</b> 5	Stamp L (cts 1-2), stamp R without taking wt (ct 3). Ptnrs return to original places with 7 Tapatio Steps. Ptnrs continually face and circle CCW. Step always begins R ft.
16	Stamp R (cts 1-2), stamp L taking wt (ct 3).
<u>c</u> 3/4	FIGURE III - TLAXCALA AND PAWING STEPS Ptnrs exchange places passing R shoulders, with 6 Tlazcala Steps, beg R ft.
7-8 9-15 16	Make $\frac{1}{2}$ turn to R with 2 Tlaxcala Steps beg R ft, to face ptnr. Make one complete circle to own R with 7 Pawing Steps beg R ft. Stamp L (ct 1), stamp R without taking wt (cts 2-3)
17-23 24	Repeat action meas 1-7, returning to original places. Make the $\frac{1}{2}$ turn to R on meas 22-23. Stamp L (cts 1-2), stamp R without taking wt (ct 3).
D 6/8	FIGURE IV - SINGLE ZAPATEADO Ptnrs hook R elbows. W free hand holds skirt. M hand behind back. Ptnrs circle once CW with 7 Single Zapateado Steps
8 9 <b>–</b> 15	always beg R ft. Stamp R taking wt (cts 1-6) (one stamp only) Hook L elbows and circle once CCW with 7 Single Zapateado Steps beg L ft. End M back to center of circle.
16	Stamp L without taking wt (cts 1-6). On the stamp, the M makes $\frac{1}{2}$ turn L to face center of circle.

continued.

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MEASURES	PATTERN
<u>E</u> 6/8	FIGURE V BRUSH STEP WITH STAMPS TOWARD CENTER
2 0,0	Ptnrs side by side, W to R of M, both facing center of circle.
1	Ptnrs move fwd twd center of circle with 1 Brush Step, beg L ft.
2	Take 6 successive stamps continuing to move fwd twd center of circle - Stamp L (ct 1), stamp R (ct 2), stamp L (ct &) stamp R (ct 3), stamp L (ct &), stamp R taking wt (cts 4-6).
3-8	Repeat action meas 1-2, FIGURE V, continuing to move slightly two center of circle for each 2 meas. Do not take wt on final stamp R of meas. 8.
F 6/8	FIGURE VI - FAST WALTZ AWAY FROM CENTER  Step out to side on R ft, turning in twd ptnr to face ptnr  (cts 1-2), step L toe next to R ft (ct 3), step R ft in place  (cts 4-6). Begin moving away from center of circle.
2	Step out to side on L ft, turning away from ptnr so as to go back to back (cts 1-2), step R toe next to L ft (ct 3), step L ft in place (cts 4-6). Continue moving away from center of circle.
3-7	Repeat action meas 1-2, FIGURE VI, continuing to move away from center of circle. End face to face.
8	Stamp L (cts 1-3), stamp R without taking wt (cts 4-6). Face center of circle on the stamps.
<u>G</u> 2/4	FIGURE VII - FINALE: LA DIANA Ptnrs facing center of circle, w to R of M, inside hands joined.
1-2	Move twd center of circle with 4 skipping steps beg R ft.
3-4	Move away from center of circle with 4 skipping steps beg R ft.
5-8	Repeat action meas 1-4, FIGURE VII.
9-10 11-12	Release joined inside hands. Dance 4 push steps to own R. Dance 4 push steps to own L.
13 14	Turn once in place to own R with 4 push steps, beg the 4th
10 14	push step with a stamp.
15-16	Turn once in place to own L with 4 push steps, beg the 4th push step with a stamp.
17-22	Repeat action meas 1-6, FIGURE VII, (skipping fwd, bwd, fwd)
23	Skip bwd from center of circle with 2 skipping steps beg R ft.
511	Change hands (M's R hand in W's R hand). W makes 2 turns under joined hands to her L; M then kneels on L knee and
	W sits on his R knee. End in pose - W's L hand on M shoulder,
	R hand holding skirt; M R hand around W waist and L hand
	it haid indicating skill of in it haid around it haist and is haid
	raised high in air (holding sombrero).