Folkraft 1107A

ALEXANDER'S WALTZ (Alexandrovska)

FORMATION: Circle of couples, facing counterclockwise. START: Partners facing, both arms extended sideward at shoulder level, inside hands joined, other hands touching lightly. Outside f

ZASURE

FIGURE I

- A. Step sideward with outside foot (Man's Left, Woman's Right) (Cts. 1, 2). Draw in 1. side foot up to outside foot and step on inside foot (ct. 3).
- B. Sop sideward with outside foot (ct. 1). Swing joined inside hands forward and piv 2 on outside foot turning away to finish back to back with partner (cts. 2, 3). Extend fre arm backward shoulder high, hands may touch lightly.

(IN BACK TO BACK POSITION)

- C. Step sideward with inside foot (cts. 1, 2). Draw outside foot up to inside foot and s 3 on outside foot (ct. 3).
- D. Step sideward with inside foot (ct.1). Draw outside foot up to inside foot and pau outside foot free (cts. 2, 3). Repeat Measures 1-4 moving in opposite direction.
- Still in back position, Repeat "A". Man's Left, Woman's Right (ct. 1). Swing joined side hands backward and pivot on outside foot turning toward partner to finish face to face (cts 2, 3). Extend free arm sideward, shoulder high, hands may touch lightly.
- Step sideward with outside foot (Man's Left, Woman's Right) (ct. 1). Swing joined ins hands backward and pivot on outside foot turning toward partner to finish face to face (cts. 2, 3), Extend free arm . sideward, shoulder high, hands may touch lightly. (IN FACE TO FACE POSITION)
- 7-8 Repeat "C" and
- 9-16 Repeat Measures 1-8.

FIGURE II

MAN

Four Step-draw steps to left. (See Fig. I, A) Finish with Right foot free by pausing on 1-4 count 3 of last Step-draw step. WOMAN

- 1 A. Step-draw step to right.
- Two waltz steps making one right turn under Man's left and Woman's right arm. 2-3
- C. Step-draw step to right. Finish with Left foot Free by pausing on count 3.
- Repeat Measures 1-4 in opposite direction. In part "B", Woman makes one left turn 5-8 under Man's right and Woman's left arm with two waltz steps (Measures 6-7).
- 9-16 Repeat Measures 1-8.

FIGURE III

Couples facing counterclockwise, in skater's position, hands crossed in front, right c left. Outside foot free.

- One waltz step forward starting with outside foot.
- 2 One waltz step turning toward partner making a one-half turn. Finish facing clockwis
- Two waltz steps backwards, progressing counterclockwise. 3-4
- Repeat Measures 1-4 progressing clockwise. Start waltz step forward on inside foot 5-8 (Man's Left and Woman's Right).
- 9-16 Repeat Measures 1-8.

FIGURE IV

(IN BALLROOM DANCE PSOTION)

- Two Step-draw steps progressing to Man's left. Finish with Man's Right and Woman' 1-2 Left foot free by pausing on count 3 of second Step-draw step.
- Two Step-draw steps progressing to Man's right. Finish with Man's Left and Woman' -4 Right foot free.
- 5-8 Four waltz steps making two turns, progressing counterclockwise.
- 9-16 Repeat Measures 1-8.