an'im zmirot

I Will Sing Melodies

SOURCE: Dance: Jonatan Gabay; Music: Effi Netzer.
MUSIC: Hataklit MM 35097--Let's Dance, vol. 4.
FORMATION: Short lines, hands held down.

Ct PART I

1-4 Facing CCW, take 3 steps fwd, beginning R,L,R, then raise
L ft fwd.

5-8 Repeat cts 1-4 with opp ftwk.

9-16 Repeat cts 1-8.

1-4 Facing ctr, take a slow step fwd on R ft, bringing L around to front, rock fwd on L, rock back on R.
5-8 Repeat cts 1-4 with opp ftwk.
9-16 Repeat cts 1-8.

During this section, tighten lines, and end with arms intertwined, elbows bent, and forearms parallel to floor.

PART III

1-4 Moving to R and with arms still intertwined, leap on R to R, hop twice on R to R, fall on L across R, bending fwd.

5-12 Repeat cts 1-4 two more times.

13-16 Leap on R to R, hop on R, rock fwd on L, rock back on R.

17-32 Repeat cts 1-16, reversing ftwk and direction.

PART IV

Lowering arms to ordinary handhold, take 3 steps to R beginning R,L,R, then raise L across R.

Repeat cts 1-4 with opp ftwk and direction.

Take 2 slow steps bkwd beginning with R.

Take 3 steps bkwd beginning with R, then step on L across R to face CCW.

Presented by Ruth Browns

