

A PROZO

(Hungarian couple dance from Alföld region)

Source: Music and dance are from original ethnic sources collected by Alice Reisz.

Music: Melody A - 4/4, 2 x 8 meas; Melody B - 4/4, 2 x 8 meas; Melody C - 4/4, 2 x 8 meas; Melody B - 1 x; Melody C - 1 x.

Music arranged by Roland Klamarik: the record is custom made. Folk Festival FF - 3301 "Dances of Hungary"

Formation: A dance for 8 cples. M enter from downstage L; W enter from upstage R (Diagram A).

Meas.      Pattern

Melody A      Figure I - Entrance

16      M - begin with R ft do side-cut-hop step 4 x, clap Hs 4 x, clap Hs and slap lower leg with RH, clap once more and slap R lower leg with LH. Repeat sequence 3 more times.

W - Begin with R ft, do side-cut-hop step 4 x, then with 8 steps do 8 quarter turns to R. Repeat 3 more times the two rows, progressing diagonally across stage pass each other; the first M's ptr will be the last W in the row.

Melody B      Figure II - Couple Turn

16      Assume shoulder-waist dance pos. Take 4 slow walking steps, circling in place then do hop-step-step turn 12 x. Repeat walk and couple turn. (Diagram B, C.)

Melody C      Figure III - Stamp Hop and 7 Quick Steps (Aprozo)

16      Couple remains face to face, holding Hs by wrist. M starts R ft, W L ft, progressing in step together. Do R stamp hop, L stamp hop, circle full turn L with 7 quick (aprozo) steps; repeat, beginning alternately L, R, L except that the 4th time the M turns individually to his L, the W to the R. Repeat the above 8 meas. (Diagram D.)

Melody B      Figure IV - Side Cut Step - Men Clap - Women Turn

8      Couples are facing each other. Each does 4 side-cut-hop steps, M begin R, W L. The M continue (as in first figure) with 4 claps, then clap and leg slaps; the W do individual turns. (Diagram E.)

Melody C      Figure V - Quick Csardas (Rezgo)

4      a. Couple assumes shoulder-waist pos and does the quick, trembling, one-step csardas, beginning to his R.

4      b. Starting on R ft, the couple goes into a whirling turn. On last note, the couple opens, the M jumps to std pos and slaps his boots.

(Diagram F.)

Note: Diagrams are on the other side of this page.

--presented by Alice Reisz

--notations prepared with assistance of Cecilia E. Szakacs  
Folk Dance Camp, 1957 *continued*

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