

LA BAMBA

Country: Veracruz, Mexico

Pronounced: la BAHM-bah

Music: 2/4 time

Record: Peerless45/5052 A Son Jarocho

Formation: **P**trs facing each other in two lines, about six feet apart. W holds her skirt out to side, M lets his arms hang loose at sides. He does not grasp hands in back as he does in dances from Jalisco.

Meas. cts

INTRODUCTION

1-8 Facing ptr, do 4 La Bamba steps in place.
9 Pause for the two chords of music.

PART I

1	1	Moving twd ptr, stamp R ft fwd, facing slightly to the L.
	2	Step on R ft.
2	1	Stamp L ft fwd.
	2	Step on L ft.
3-4		Repeat meas. 1-2.
5	1	Moving back to place, step back on R ft.
	&	Step back on L ft.
	2	Step back on R ft, swinging L ft fwd.
6		Repeat meas. 5 with opp footwork.
7-8		Repeat meas. 5-6.
9- 16		Repeat meas. 1-8.
17-18		Repeat meas. 1-2.

PART II

1-4 Using 2 La Bamba steps, exchange places with ptr, passing R shoulders.

5-8 With the same step, turn 1-1/2 times CW in place, ending up facing ptr again.

9-16 Repeat meas. 1-8, returning to original pos and turning 1-1/2 times.

17-18 Pause.

LA BAMBA (Cont)

PART III

- 1-3 Using zapateado 1, move fwd twd ptr.
 4 Passing ptr by R shoulder, circle around each other once; finish facing as at the beginning of the step.
 4 1 Step on R ft behind L ft.
 & Hop on R ft.
 2 Step on L ft behind R ft.
 & Hop on L ft.
 6-8 Repeat meas. 5, ending up back in original pos.
 9-16 Repeat meas. 1-8.
 17-18 Pause.

PART IV

- ah Scuff R heel.
 1 1 Stamp fwd on R ft.
 & Stamp fwd on L ft.
 2 Stamp fwd on R ft.
 & Hop on R ft.
 ah The step begins again scuffing L heel.
 2 Repeat meas. 1, using opp footwork.
 3-4 Repeat meas. 1-2, passing R shoulders with ptr.
 5-8 Using same step, do turn as in Part III.
 9-16 Repeat meas. 1-8.
 17-18 Pause.

PART V

- 1-16 Repeat Part II
 1 1 Step fwd on R ft over L twd ptr.
 & Hop on R ft.
 2 Step fwd on L ft over R ft.
 & Hop on L ft.
 2 1 Step fwd on R ft over L ft.
 & Stamp back on L ft.
 2 Stamp fwd on R ft.
 & Hop on R ft.
 3-4 Repeat meas. 1-2, using opp footwork.
 5-8 Repeat meas. 1-4, reversing direction.
 9-16 Repeat meas. 1-8.
 17-18 Pause.

PART VI-A

- 1 1 Step fwd on R ft, kick L ft in front, keeping heel close to R ankle.
 & Hop on R ft.
 2 Same as ct 1, starting with L ft stepping fwd.

LA BAMBA (Cont)

- 2 1 Step fwd on R ft, kicking L ft straight out.
 & Step fwd on L ft, kicking R ft straight out
 2 Step fwd on R ft, kicking L ft straight out,
 keeping heel close to R ankle.
 & Hop on R ft.
 3-8 Repeat meas. 1-2, passing R shoulders with ptr
 and making a 1/2 CW turn in opp pos.
 9-16 Repeat meas. 1-8, moving back to original pos and
 turning to face ptr.
 This step is done in the same rhythm as the La
 Bamba step: step-hop, step-hop, step, step,
 step. The movements are quick and scissors-like.
 17-18 Pause.

PART VI-B

- 1-9 Repeat Part VI-A.

PART VII

- 1-18 Repeat Part II.

PART VIII

- 1-18 Repeat Part VI-A.

PART IX

- 1-18 Repeat Part II.

PART X

- 1-16 Repeat Part I, facing up the line (to the M's L).
 17-18 Step twd ptr with inside ft.
 Make one turn in, by stepping on other ft.
 M takes W's L hand in his L hand, holding it out
 to front, and puts his R hand around her waist,
 both pointing L ft fwd touching floor.

Presented by Alura Flores de Angeles