

BELEV ECHAD

Line Dance

The dance is a debka done flat footed and very Middle Eastern in its style.

Translation: With One Heart

Dance: Yoav Ashriel

Meter: 2/8, each 1/8 is counted as 1 count

Formation: Line in a simple hold "V pos"

Measures	Counts	Description
1	1-2	Debka step R fwd. <i>HOP L TOGETHER & HOLD FWD, STEP TO BALL OF R</i> (1)
2	1	Step L fwd.
	2	Hold
3	1	Step R fwd. <i>SLIGHTLY BACK</i>
	2	Stamp L beside R w/bent knee
4	1	Step R fwd.
	2	Hold
5	1	Touch L fwd.
	2	Bend R Knee
6	1-2	Repeat cts. 1-2, Meas. 5, Part A, reverse direction <i>TOUCH L BWD HOLD</i>
7-8		Repeat Meas. 3-4, Part A, reverse footwork
9-32		Repeat Meas. 1-8, Part A, 3 more times

Part B - (face center)

1	1	Stamp R over L, leading with R shoulder <i>wd</i>
	2	Lift R while bending L knee
2	1-2	Repeat Meas. 1, Part B
3	1	Stamp R to R
	2	Close L beside R
4	1	Stamp R to R
	2	Hold
5	1	Leap L to L
	2	Cross R over L w/bent knee & leaning over somewhat
6	1	Stamp L behind R w/bent knee while straightening R fwd.
	2	Hold
7	1-2	Circle R to R and leap onto R
8	1	Close L beside R with account <i>faking wt</i>
	2	Hold
9-32		Repeat Meas. 1-8, Part B, 3 more times

Part C *(face Ctr) Hands fwd*

1	1	Step R to R
	2	Bend R knee
2	1	Cross L over R
	2	Bend L knee
3	1	Step R back
	2	Bend R knee
4	1	Step L to L
	2	Bend L knee
5-8		Repeat Meas. 1-4, Part C <i>Hands down</i>
9-10		Two step R fwd., toward center w/stamps <i>Body slightly facing L</i>
11	1	Hop on R <i>step</i> <i>fwd ctr</i>
	2	Cross L over R while bending knees and body forward <i>Body slightly facing R</i>
12	1	Step R back in place
	2	Hold

Continued...

<u>Measures</u>	<u>counts</u>	<u>Description</u>
13-16		Repeat Meas. 9-12, Part C, reverse footwork
17-20		4 steps w/ knee bends back - R, L, R, L
21-32		Repeat Meas. 9-20, Part C

<u>Part D Facing R</u>		
1	1	Stamp R to R in L ^{low}
	2	Hold
2	1	Hop on R
	2	Extend L fwd.
3	1	Hop on R
	2	Extend L back in L ^{low} bend high fwd
4	1	Stamp L over R while bending fwd.
	2	Stamp R to R in L ^{low}
5	1	Stamp L over R while bending fwd.
	2	Hold
6	1	<u>Facing ctr</u> Stamp R to R, body up
	2	Close L beside R
7	1	Stamp R to R
	2	Hold
8	1	Cross L behind R
	2	Hold
9-16		Repeat Meas. 1-8, Part D

<u>Interlude Facing ctr</u>		
1	1	Step R to R
	2	Bend R knee
2	1	Close L beside R
	2	Bend L knee
3-4		Repeat Meas. 1-2, Interlude

<u>Part E</u>		
1-20		Repeat Part D and Interlude

- Ya'akov Eden
H.C '80