

BENGI

SOURCE: Circle dance from Balik esir in Northwestern Turkey. Learned from Tokan Engin in Ann Arbor, 1973. A zeybek-type of dance, done as a solo, representing harvesting. Historical records date back 700 years at least.

RECORD: BOZOK 110, side 1, band 1

FORMATION: Danced by both M and W. Start in a circle facing LOD, each dancer individually (no hand-holding).

STEPS & STYLING: Throughout dance, snap fingers on cts 1, 4, 6 & 8.

9/8	PATTERN
meas	
1-2	INTRODUCTION
1-7	<p><u>STEP I</u> Both arms extended to own L, step L (ct 1), hop, hop (ct 2,3), moving in LOD, pointing R and bringing it around to in front of L, swinging arms across body to extend to own R. Step R (ct 4,5), L (ct 6,7), R (ct 8-9), bringing arms back to extend L. Repeat 6 more times, 7 in all.</p>
8	<p><u>STEP II - SCYTHE MOVEMENT</u> Step with L (ct 1) twd center, hands down and back, and bounce, bounce (ct 2,3); step back on R (ct 4,5), step L (ct 6,7) and face twd center, and leap onto R twd center (ct 8,9). On cts 8-9, R hand arcs around, body bends over as wt goes to R foot, L arm extended back.</p>
9-11	<p>Making a half-turn CW (to own L) in place, step L (ct 1), R hand overhead, L down, hop, hop (ct 2,3) and end facing out; step R (ct 4,5), both hands down, moving naturally, step L (ct 6,7), turning to face LOD, step R (ct 8-9) ending facing center. Repeat 2 times more.</p>
12-14	<p><u>STEP III</u> With outstretched arms, stamp L next to R and take wt (ct 1), hold cts 2,3, lift R from knee (ct 4,5) bending back from waist, step R beside L and squat (ct 6,7), step L, R (ct 8, 9) kicking free foot scissors fashion and calling "De-ha" on cts 8,9. Repeat 2 times more.</p>

continued...

Repeat entire sequence two complete times, a total of three times.

ENDING VARIATION

1-2

Do Step I two times.

3

Step L, hop, hop (ct 1,2,3) as in Step I; step R (ct 4,5), L (ct 6,7), R (ct 8,9), turning to face center and end with arms outstretched.