

BESDOT BET - LECHEM
Israel

The name of the dance means "In the fields of Bethlehem". The dance was choreographed by Eliyahu Gamli'el.

RECORD: Dances in the Garden of Eden (LP) YE 1001

FORMATION: Cple facing LOD with inside hands joined and down. W on M's R.

STEPS: Yemenite L - step L to L, leave R in place (ct 1), step R in place (ct 2), step L over R (ct 3), hold (ct 4).

Two-step - step fwd on L (ct 1), close R to L (ct &), step fwd on L (ct 2), repeat cts 1,&,2 (cts 3,&,4).

Note: Steps are described for M, W use opp ftwk.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: 10 Cts.

FIG. I: (Inside hands joined and down)

- 1 In LOD step L,R,L,R.
- 2 Yemenite L and face ptr, joining in a two-hand hold (cts 1-3), pivot on L to again face LOD, lift R ft, bringing inside hands under up and in front of joined outside hands.
- 3 Walk 3 steps fwd R,L,R (cts 1-3), brush L fwd (ct 4).
- 4 Moving bwd, step L,R (cts 1-2), step L to L with bent knee, letting go of outside hands (M-L, W-R) (ct 3), step R to R with bent knee (ct 4).
- 5-8 Repeat meas 1-4, moving into Varsouvienne pos on meas 8, ct 4.

FIG. II: Varsouvienne position

- 1 Do 2 two-steps fwd (L,R) in LOD.
- 2 M does 2 two-steps fwd (L,R) in LOD while W turns CW (R) without letting go of hands with 2 two-steps.
- 3 With 4 steps (L,R,L,R), turn away from ptr (M-CCW, W-CW).
- 4 With 4 steps (L,R,L,R), meet ptr in back basket hold with R shldr adjacent. Continue figure 8 pattern.
- 5 M lets go of R hand and turns complete turn CCW in 4 steps (L,R,L,R), while W lets go of L hand and turns 1/2 with 4 steps, returning to varsouvienne pos.
- 6-10 Repeat meas 1-5.

Note: At the end of meas 10, end in orig hand hold as in Fig. I to begin dance from beginning.

Presented by Karen Codman

Camp Hess Kramer Institute, October 1976

This dance was presented at the 1976 Idyllwild Folk Dance Camp by Ya'akov Eden.