

BIAŁY MAZUR
(Poland)

This Polish Boot Dance was originally taught by Vyts Beliajus. Bialy (pronounced Be-AH-we) means "white". The patterns have been slightly rearranged and shortened by Sam Mednick to fit the music of the Columbia mazur record:

Music: Record: Columbia 12294-F "Polish Boot Dance."

Formation: Four cpls in a square, facing CCW around the square. Inside hands joined with ptr. M outside hand held lightly in front of chest, W holding skirt.

Steps: Mazur Step: An accented running step, 3 steps per meas with accent on the first step of each meas.

Measures Pattern

1-4 Introduction. Cpls stamp twice on last meas of introduction.

I. MOVING FWD

1-8 Starting with outside ft, cpls dance 8 mazur steps fwd, moving once around the square CCW. Outside arms (W holding skirt) wave gracefully out and in on alternate meas.

II. HOLUBCZYK (holl-LUBE-chick)

9-16 M stands to L and slightly behind W, join L hands in front, R hands at W R hip (this is called the Holubczyk or "sweetheart" pos). Cpls turn CCW in place 2 or 3 times around with 8 mazur steps, M moving bwd, W fwd.

III. WOMEN'S MILL

1-4 Ptrs drop R hands and W form a R hand mill in ctr of square, leaving M on outside facing ctr, L hands still joined with ptr, R hand held high. This formation rotates CW, W moving fwd with 4 small mazur steps, M moving to their L with 3 heel-click steps (step L, close R ft, hop on R clicking heels). On 4th meas M jump up and land down on R knee.

5-8 With 4 mazur steps, W moves CCW around kneeling M (L hands joined) and on to next M ahead (CW). On meas 8 M jumps up and takes L hand of new ptr.

9-32 Repeat action of Fig III, meas 1-8 three more times until back to original ptr.

INTERLUDE

1-2 Change places with ptr (L hands half around) with 2 mazur steps, ending with M back to ctr, M join hands high to form 4 arches.

IV. IN AND OUT THE ARCHES

1-4 M keep time with mazur steps and stamps in place. W go under the arches into the ctr, passing L shoulders with ptr, with 3 mazur steps and 2 stamps.

continued...

BIALY MAZUR (Cont.)

- 5-8 W make 1/4 turn to L and come out through arch on other side of ptr with 3 mazur steps and 2 stamps, facing next M.
- 9-24 W continue the in and out pattern, proceeding CW around the square and never going through the same arch twice in succession. On last 4 meas, W emerges from arch just beyond ptr and turns back to face ptr.

V. HOLUBCZYK

- 25-32 Repeat Fig II.

VI. MEN'S MILL

- 1-16 Cpls join inside hands, face CCW, and M join L hands in ctr. The mill turns CCW as all move fwd with 3 mazur steps, starting outside ft. On the 4th meas, all bend knees in a preliminary slight crouch, then M jump fwd to W ahead (releasing ptr hand), as W jump bwd simultaneously turning outward (CW) once around during jump. Repeat the entire pattern 3 more times until back to original ptr.

VII. HOLUBCZYK (Interlude)

- 1-4 Repeat Fig II, but only half as long (4 meas).

VIII. CIRCLE AND BASKET

- 1-8 Join hands in a single circle W to R of ptr, and circle R (CCW) with 7 mazur steps and 2 stamps.
- 9-16 Form a basket by W joining hands in front of M chests, M join hands in front of W (with M arms above W), and all circle L (CW) with 7 mazur steps and 2 stamps.

IX. LINE FIGURE

- 1-16 The basket breaks between cpls 1 and 4 (or between cpls nearest the audience, if an exhibition) and straightens into a line with 3 mazur steps and 2 stamps. The line moves fwd with 3 mazur steps and 2 stamps, then bwd with 3 mazur steps and 2 stamps. M raise joined hands and dance in place while W move fwd (under arches) with 4 mazur steps, taking their line 8 or 10 ft away from M line.

INTERLUDE

- 1-2 W raise R arm and turn in place 1 1/4 turn to R (CW), M turn 1/4 to L, both finishing with R shoulder twd ptr.

X. CROSS OVER, MEET AND ELBOW TURN

- 1-8 All move to own R with 4 heel-click steps, passing ptr face to face, arms swinging loosely in and out during the steps. Facing ptr, take 3 mazur steps twd ptr, R arms swinging gently in and out; on meas 8, jump in air and hook R elbows with ptr.

Continued...

BIALY MAZUR (Cont.)

- 9-24 Turn CW with ptr using 3 mazur steps, then change to L elbow hook with a jump on meas 12. Turn CCW similarly. Repeat the CW turn and the CCW turn, but on last CCW turn omit jump.

XI. HOLUBCZYK AND RE-FORM SQUARE

- 1-4 In Holubczyk pos, dance 4 mazur steps as in Fig II, except only half as long.
- 1-8 Join inside hands with ptr and move fwd with 8 mazur steps as in Fig I, moving into the original square formation.

XII. HOLUBCZYK AND POSE

- 9-16 In Holubczyk pos dance 6 mazur steps as in Fig II. On meas 15 and 16 release R hands, W turns to L (CCW) once and a quarter around under joined L hands, M kneels on L knee and W sits on his R knee, facing to M L. Keep L hands joined and raised high in arch on final pose. M R hand around W's waist. W R hand high, or holding skirt.

Presented by: Vyts Beliajus