APPALACHIAN MOUNTAIN FIGURES [These will be used routinely in the daytime clogging classes and also called at
night when they can be done by non-cloggers as well. These originate in a big
mountain-style circle dance in which certain figures are done and which then breaks
into small circles of four for the following figures. One couple will be designated
as #1, or the "active"couple, and the other couple will be #2 and remain in starting
position throughout figures while #1 couples move on to dance with each #2.)

Number I lady gets in center while other three circle in designated direction around her. She is supposed to dance in a "fancy" or "show-off" manner. Birdie out and Old Crow in puts No.I man into center of circle. He jumps out between two girls and they continue to circle or to swing, as the caller designates.

HANDS ACROSS

All four dancers put right hands into middle, holding hand of person opposite him and continue dancing, then back with the left hand. Then all join hands straight across, girls hands below those of boys. The boys make an arch and girls duck heads under, then girls make an arch and boys duck under, forming a basket position. Everyone puts right foot into center as a pivot, all leaning back from center of circle, and circle rapidly to their left. Break by swinging corner and then partner.

GARDEN GATE

#2. couple, facing clockwise directionsteps apart sideways from each other about two steps and lets #1 couple strut through and back to place. Repeat for #2 couple.

DIVE FOR OYSTER

#2 couple, facing clockwise, makes an arch with partner, all four couples holding hands, #1 dives under and backs out, then #1 couple makes arch and #2 dives through, drops partners hand and walks on around, girl to right, boy to left and back to place, while Couple #1 turns under own arms.

RIP AND SNORT

2 couple, facing clockwise, makes an arch with partner, #1 couple dives under, drops partner's hand and walks on around, girl to right, boy to left and back to place, while Couple #1 turns under own arms. Repeat for Couple #2 to dive under.

FOUR LEAF CLOVER

#2 makes an arch, #1 couple goes under and back to back with partner, putting head under own arm, then dropping arms in front, making a position similar to a pack saddle with .
#2. To get out of this position #1 couple raises their joined arms, #2 couple goes under back to back with partner, raising their joined hands, backing out and making a circle.

Continued ...

APPALACHIAN MOUNTAIN FIGURES (continued)

WAVE THE OCEAN

#1 man drops his left hand from his corner, goes under arch made by his partner and her corner, goes to right around his partner as other couple is moving forward, and his own partner putting her head under her own arm. Then he goes through the arch made by the opposite man and his partner, goes to right, pulling his partner through and back to circle.

GEORGIA RANGATANG

Everyone faces his corner and turns with the right hand 3/4 of way around until boys can pass left shoulders, swings around partner with left hand, going approximately 3/4 around, then, back to corner with right hand, etc. until caller commands to swing opposite and then own.