1966 SANTA BARBARA FOLK DANCE CONFERENCE

BEICL LUI ZBARCEA Presented by Larisa Lucaci

BRAUL LUI ZBARCEA (Romania) (Gelf dause)

BREE-YUL LOW ZBER-CHEA

FORMATION:

Dancers are in a circle with joined hands down and swinging during the

Record Record

MUSIC!

THE DANCE

Part 1:

Facing to the Right, beginning with the Right foot, take two "two-steps" RLR, LRL; leap on the Right foot facing the center of the circle, Left foot steps behind the Right; then step with the Right foot one step in the line of direction and step with the Left. This running part is repeated four times in all.

Part 2:

Standing on the Left foot, bring the weight from the ball of the foot to the heel of the foot in one count (toe-heel); step in place on the Right foot for double time as for toe-heel. Now, do three stamps with the Left foot in place: one long and two quick ones (Left, Left).

With the weight on the Left foot, begin again Part 2 rolling the weight of the Left foot from the ball to the heel.

This part is repeated 8 times in all.