

# BREZOVSKA RUCHENITSA

*Source:* Dance originates from Brezovo and vicinity in south-central Bulgaria. This dance was learned from Yuliy Yordanov, Autumn Leaves XXII, NIFD, 2005.

*Meter:* 7/8 (2+2+3)

*Formation:* This dance is another variant of “The Thracian Ruchenitsa” done in a line, and can be done to many different pieces of music. Most of the time arms are held in a W position.

<u>Measures</u>	<u>Counts</u>	
1	1, 2	Step on R to R in LOD
	3	Bounce on R
2	1, 2	Step on L to R
	3	Bounce on L
3	1-3	Ruchenichna (RLR) to R
4	1-3	Ruchenichna (LRL) to R
5	1, 2	Leap onto R to R facing center while moving arms quickly down to V position slightly behind the body
	3	Back away from center (leap behind on L)
6	1, 2	Step on R in place, arms are moving back up to W position
	3	Bounce on R
7	1, 2	Step on L FWD
	3	Bounce on L
8	1, 2	Step back on R
	3	Bounce on R
9-11	1	Step on L to L
	2	Bounce on L
	3	Step on R to L. Arms do small circular movements in unison with footwork.
12	1	Emphasized step on L closing to R, arms move down to V position
	2, 3	Pause
		Measures 13-16 footwork follows diamond pattern. Arms swing FWD on counts 1, 2 and back on count 3 of measure 16, when arms move up to W position.
13		Ruchenichna (R, L, R) diagonally FWD to L
14		Ruchenichna (L, R, L) diagonally FWD to R
15		Ruchenichna (R, L, R) diagonally BKWD to R
16		Ruchenichna (L, R, L) diagonally BKWD to L

