

Bugarka

(Serbia)

This is a dance for both men and women from the village of Zhagubitsa in Northeast Serbia, Vlach area. The dance is performed with instrumental accompaniment. The dance pattern includes 4 figures.

Pronunciation: BOO-gahr-kah

Music: *Ya si te daruvam surtseto, dushata* CD (*I Give You My Heart, My Soul*) 2/4 meter
Songs & Dances from Bulgaria, Macedonia, & Serbia. Band 7.
Dances from Serbia & Northwest Bulgaria. Band 5.

Formation: Open circle; belt hold, facing ctr.

Steps & Styling:

Meas

Pattern

8 meas INTRODUCTION. Start with high whistle (Band 7).

I. FIGURE I

- 1 Stamp R in place (cts 1,&); stamp R in place (cts 2,&).
- 2 Facing slightly diag R, step on R in place (ct 1); step on L in front of R(ct &); step on R in place (ct 2); step on L in place (ct &).
- 3 Step on R in place (ct 1); large step on L in front of R (ct &); step on R in place, wt on R (cts 2,&).
- 4 Facing ctr, leap onto L slightly to L with R ft lifted slightly fwd (ct 1,&); leap onto R, slightly to R with L ft lifted slightly fwd (ct 2,&).
- 5 Facing slightly diag L, step on L in place (ct 1); step on R in front of L (ct &); step on L in place (ct 2); step on R in place (ct &).
- 6 Step on L in place (ct 1); step on R in front of L (ct &); step on L in place, wt on L (cts 2,&).

II. FIGURE II

- 1-3 Repeat Fig I, meas 1-3.
- 4 Leap onto L slightly to L (ct 1); stamp R (ct &); leap onto R slightly to R (ct 1); stamp L (ct &).
- 5-6 Repeat Fig I, meas 5-6.

Bugarka—continued

III. FIGURE III

1-3 Repeat Fig I, meas 1-3.

4 Jump onto both ft, with L behind R (cts 1,&); jump onto both ft again, but with R behind L (cts 2,&).

5-6 Repeat Fig I, meas 5-6.

IV. FIGURE IV

1-6 Repeat Fig I, meas 1-6.

7 Step on L in front of R (ct 1); step on R in place (ct &); step on L in place, wt on L (cts 2,&).

SEQUENCE: Fig I, Fig II, Fig III, Fig IV, or several times each of the figures changed by the command of the leader.

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