Cadâneasca din Măcin

From the region of Dobrogea, Romania
Presented by Sonia Dion & Cristian Florescu

Today the ethnographic region of Dobrogea is shared by two countries: Romania and Bulgaria. The Romanian part is located in the southeast of the country, bordering on the Black Sea in the east and the Danube in the west. An impressive mix of communities and ethnic groups lives there: Romanians, Bulgarians, Turks, Macedonians (Aromanians), Russians (Lipovans), Tatars, Greeks, Roma, etc.

Each of these groups has contributed to the present-day cultural and traditional richness of Dobrogea. The array of dances is diverse, with sudden, dynamic movements, crossing steps, energetic stamps, large arm movements and upper body twisting—all to a great variety of melodic rhythms.

Hora, Sârba, Geamparaua, Şchioapa and *Pandelaşul* are some of the most representative dances. One of the variants of *Şchioapa* typical of Dobrogea is *Cadâneasca*. The dance's name eloquently reveals its origin. In Turkish the word *cadână* meant a woman who belonged to a harem. Moreover, the village of Măcin, where our version of the dance comes from, is home to a large Turkish community.

The melodic rhythm of *Cadâneasca* is asymmetrical. The most frequent is 9/8 or 9/16, similar to that of the Bulgarian dance *Daichovo,* or a 5/8 rhythm, similar to *Hodoroaga,* danced in southern Transylvania.

Formation: closed mixed circle
Position: facing center**,** hands joined up in W position
Pronunciation: kah-deu-ne-AHS-kah deen MUH-tcheen
Meter: 9/8; 2 + 2 + 2 + 3 (Quick-quick-quick-slow)
Music: *Sonia Dion & Cristian Florescu, Romanian Realm Vol.8*, band 6

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| Meter: 9/8 | Pattern of *Cadâneasca din Măcin* |

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Meas.	Count	**Introduction**
		(Q-Q-Q-S)
1-8		No action or
		Bounce knees and making tiny circle with hands (up, twd center,...)
		Figure 1
		(facing LOD)
1	1-2	Step fwd on R
	3-4	Step fwd on L
	5-6	Step fwd on R

7-9   Step fwd on L

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Meter: 9/8   Pattern of *Cadâneasca din Măcin* (continued)
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Meas.   Count   **Figure 1** (continued)

2   Repeat measure **1** (starting R)

3   1-2   Body facing center moving LOD, leap onto R
           3-4   Step L across in back
Note: Bring arms down during these counts.
           5-6   Step swd on R, while arms keep moving slightly in back
           7-9   Step L across in front, while arms come back in V position

4   1-2   Step swd on R and bring arms up in W pos.
           3-4   Stamp (no wt) on L near R
           5-6   Stamp (no wt) on L in place
           7-9   Step on L in place

5-8   Repeat measures **1-4**

                   Figure 2

1   1-2   Step on R twd center
           3-4   Step on L twd center
           5-6   Step on R twd center
           7-9   Touch on L (flat ft) slightly in front

Note: During the entire measure, bring arms down in V position

2   Repeat measure **1** with opp ftwk and direction (starting L bkwd) and
           bring arms up in original position (W pos)

3   1-2   Step swd on R
           3-4   Step on L near R
           5-6   Step swd on R
           7-9   Stamp (no wt) on L near R

Note: During the entire measure (**3**), bring arms down in V position.

4   Repeat measure **3** with opp ftwk and direction (starting L to the left) and
           bring arms up in original position

5-8   Repeat measures **1-4**

Meas.   Count   **<u>Figure 3</u>**

1   1-2   Lift on L heel while bring arms straight in front (45º) and
                   raise R ft with knee bent 45º
          3-4   Step R across in front and bring arms down in V position
          5-6   Step on L in place while swing arms in back
          7-9   Step on R near L slightly to the right while bring arms in V pos.

Note: During the entire measure, arms are moving continuously.

2   Repeat measure **1** with opp ftwk

3   1-2   Lift on L heel
          3-4   Step swd on R
          5-6   Step on L near R
          7-9   Step swd on R

4   1-2   Leap onto L across in front
          3-4   Step swd on R
          5-6   Step on L across in back
          7-9   Step swd on R

Note: Arms keep moving back and forth, starting with the forward movement like described in measure **1.**

5-8   Repeat measures **1-4** with opp ftwk and direction (starting lift on R)

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<u>Final pattern</u>:

Introduction +
(F1 + F2 + F3) x 4.