

Canım Lerik

(Azeri, Turkey)

This is an Azerbaijani-style women's dance from northeastern Turkey. The dance was choreographed by Ahmet Lüleci based on the traditional movements from the region.

Pronunciation: DZHAH-nuhm LEH-reek

Music: 2/4 meter

Ahmet Lüleci Stockton 2010, Band 2

Formation: Circle, facing CCW

Steps & Styling: Beginning Arm Position: L arm is bent at the elbow, palm up and hand on own L shldr. R arm is straight and holding the L hand of the person in front.

Meas 2/4 meter

Pattern

INTRODUCTION No action. Once through introduction and 8 meas of melody.

I. FACING CCW

- 1-2 4 steps fwd, beg with R, one step per beat (cts 1,2,1,2).
- 3 Quick step fwd on fall of R ft (ct 1); quick step fwd on L (ct &); step fwd on ball of R ft (ct 2).
- 4 Repeat meas 3 with opp ftwk in the same direction.
- 5-6 Face twd ctr and arms change to W-pos. Repeat meas 1 twd ctr.
- 7 Quick step R in place and start turning from L shldr, arms coming down and across in front (ct 1); quick step in place on L (ct &); step in place on R (ct 2). During cts 1,&,2 begin turning ½ CCW.
- 8 Quick step L in place (ct 1); quick step fwd R (ct &); facing out, with hands crossed in front, step L in place (ct 2). During cts 1, &, 2 finish turn facing out.

II. FACING OUT, HANDS JOINED, MOVING TO R

- 1 Step on R ball of ft to R with straight knees (ct 1); step L crossing R to R, with bent knees (ct 2)
- 2-6 Repeat meas 1 five times (six times total).
- 7 Step back on R as arms go up and turning CW from R shldr (ct 1); step back on L, arms up and opening to sides (ct 2).
- 8 Step back on R (ct 1); step back on L (ct 2).

III. HOP, TOUCH, LEAP

Arm Position. Facing ctr, arms up and bent at elbows.

- 1 Hop on L in place and touch R toe in front, arms up and moving L (ct 1); quick hop on L in place kicking R fwd (ct &); leap onto R in place kicking L fwd (ct 2).
- 2 Hop on R in place and touch L toe in the front, arms up moving R (ct 1); quick hop on R in place kicking L fwd (ct &); leap onto L in place kicking R fwd (ct 2).

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- 3-4 Repeat meas 1-2.
- 5 With R elbow bent and under the chin, step R to R and begin making a small CW circle in place (ct 1); step L to R continuing the small circle (ct 2).
- 6 Continuing the small CW circle, step R to R (ct 1); step L in place finishing the turn (ct 2).
- 7 Step R fwd (ct 1); step L fwd (ct &); step R (ct 2); step bend on L keeping R on floor and turning heel out (ct &).
- 8 Repeat meas 7 with opp ftwk.
- 9-16 Repeat meas 1-8 with opp ftwk and direction.

IV. QUICK, QUICK, SLOW TO SIDE

- 1 Arm Position. Facing CCW, arms begin moving back to orig pos
Quick step R sdwd to L (ct 1); quick step L sdwd (ct &); step R (ct 2).
- 2 Quick step L sdwd to L (ct 3); quick step R (ct &); step L to L (ct 2).
- 3-4 Repeat meas 1-2 in place.

Presented by Ahmet Lüleci