

Çaya Vardim Zeybegi

Turkey

The steps and styling of the dance comes from S. Anatolia.

TRANSLATION: I dance by the river

PRONUNCIATION: CHAYAH VAH-dem ZAY-bey-gee

MUSIC: Turkish Dances No. 3 by Ahmet Lüleci, track 3

FORMATION: Individual dancers facing LOD with hands free by sides.

METER: 9/8

PATTERN

Meas Count

INTRODUCTION: 2 phrases

FIG. 1: (Do a total of 9 times)

- 1 Facing and moving in LOD - step R fwd (lean slightly bkwd and look at raised hand) - R arm reaches up with slightly rounded arm, L moves behind back.
- 2 Step on ball of L ft back to place (straighten body) - arms beg moving fwd.
- 3 Step R bkwd - beg to circle both arms fwd to end in front of chest with L in front of R, palms twd floor.
- 4 Step L fwd to place - finish arm movement of ct 3.
- 5 Step R diag R fwd - arms reach sdwd R, L arm rounded in front of body at waist ht, palms twd floor.
- 6 Hold on R as L moves beside R lower calf - arms beg to move in front of body and slightly to L side.
- 7 Facing diag L, bounce on R lifting L slightly bkwd - arms finish moving to L.
- 8 Step L diag L fwd) with both arms slightly fwd, R hand.
- 9 Hold.) circles around L, palms twd floor

Arms, styling note: Arms continuously move, especially the R arm. First of all pick the orange, then put it in the basket, take another orange from the R side and peel it on the L.

Transition to Fig. 2:

- 1-4 Repeat Fig. 1, cts 1-4.
- 5-6 Step R fwd while turning to face ctr.
- 7 Lift L in front of R
- 8 Step L in place.
- 9 Lift R leg bkwd and twd outside.

FIG. 2: (Do a total of 2 times)

During this Fig, turn L (CCW twice - arms rounded and out to sides, parallel to floor with palms twd floor.

- 1 Facing ctr and beg turn - step R in front of L (full ft).
- 2 Step L in place (ball of ft).
- 3 Step R in front of L (full ft).
- 4 Step L in place (ball of ft).
- 5 Step R in place and face ctr - 1 turn complete.
- 6 Lift L in front of R.

- 7 Hold.
- 8 Step L in place.
- 9 Lift R leg bkwd and twd outside.

REPEAT - Fig. 1, 5 times, except when beg 1st repeat of Fig. 1, do cts 1-2 facing ctr, then face and move in LOD.

Transition to Fig. 3:

- 1-6 Facing and moving in LOD - repeat Fig. 1, cts 1-6.
- 7 Close L beside R.
- 8 Hold.
- 9 Small kick fwd with R low to floor, leg straight.

FIG. 3: (Do only 1 time)

- 1 Facing LOD, but moving bkwd - step R bkwd with bent knee.
- 2 Step L bkwd on ball of ft - knees straight.
- 3-4 Repeat cts 1-2.
- 5 Step R bkwd with bent knee.
- 6 Hold on R as L lifts bkwd.
- 7 Step L to L while pivoting to face ctr.
- 8-9 Hold.

FIG. 4: (Do a total of 3 times)

- 1-2 Jump onto both ft in place with ft shldr width apart, knees bent - clap hands together in front of chest in a downward motion.
- 3-4 Touch R knee to floor while squatting and turning lower body diag L - arms move out to sides at shldr ht with palms twd floor.
- 5-6 Touch L knee to floor while squatting and turning lower body diag R - arms remain in place.
- 7-8 Repeat cts 3-4 and hold. (touch R knee)
- 9 Raise onto both ft.

ENDING:

Facing ctr - with wt on L, touch full R ft fwd on floor - take arm pos of Fig. 1, ct 1 (pick orange).