

Çemen

East (Kurdish)

Pronunciation: che man

Music: Teaching cd #5

Formation: Semi-circle, arms down, face LOD, elbows bent and hold little fingers.

METER: 10/8

PATTERN

Counts

INTRO: One complete turn of the melody

FIG.1 **Facing LOD.**

- 1 Step on R to diagonally Rt. L arm in back, bent from elbow, R in the front.
- 2 Quick step on L to Rt. Keep arms in the position.
- & Step on R to diag. Rt.
- 3 Step on L to diagonally Lt.
- 4 Quick step on R to Lt.
- & Step on L to diag. Lt.
- 5 Step on R to diagonally Rt.
- 6 Quick step on L to Rt.
- & Step on R to diag. Rt.
- 7 Step on L in place by facing center. Arms go up, straight from elbows.
- 8 Touch R in place
- 9 Step on R in place.
- 10 Touch L in place
- 11 Step on L in place. Bounce arms slightly.
- 12 Touch R in place. Drop arms down to go back to first step.

FIG.2A **Facing center, arms up**

- 1 Step fwd on R
- 2 Quick step fwd on L
- & Step fwd on R
- 3 Step fwd on L
- 4 Quick step fwd on R
- & Step fwd on L
- 5 Step on R in place
- 6 Kick L fwd
- 7 Step on L in place
- 8 Kick R fwd

FIG.2B **Facing center, arms up**

- 1 Step back on R
- 2 Quick step back on L
- & Step back on R
- 3 Step back on L
- 4 Quick step back on R
- & Step back on L
- 5 Step on R in place
- 6 Kick L fwd
- 7 Step on L in place
- 8 Kick R fwd

Presented by Ahmet Lüleci at the Laguna Folkdancers Festival 2008