

Cibarska Kopanica

Bulgaria

This particular *Kopanica* is from the town of Cibar in northwest Bulgaria, Severnjaško.

Jaap Leegwater learned this dance from the Bulgarian choreographer and dance instructor Dimităr Kojčinov, who introduced the dance at the "Nevo - Eastern Camp in the Netherlands, 1978.

TRANSLATION: The word *Kopanica* is derived from the verb *Kopaja* (to dig).

PRONUNCIATION: TSEE-BAHR-SKAH KOH-pah-nee-tsah

MUSIC: LP: Folk Dance from Bulgaria, Vol. 4;
Cassette: JL1988.02 by Jaap Leegwater
Special Statewide '99 tape by Michael Ginsburg

RHYTHM: The dance and music terminology *Kopanica* means folk dance in 7/8 meter (2-2-3-2-2), and is also the name of its basic step.

Characteristic for this variant of *Kopanica* is the 3 meas structure of its basic pattern and variations. They are performed to a musical accompaniment consisting of a 4 + 4 meas musical phrase. As a result there is no synchronization between the music and dance phrasing, which is a common feature in the relationship between dance and musical accompaniment in Bulgaria.

Other 11/8 dances from north and northwestern Bulgaria with a 3 meas dance pattern are: Gankino and Lamba Lamba.

METER: 11/8 counted: $\frac{1-2}{1} \frac{3-4}{2} \frac{5-6-7}{3} \frac{8-9}{4} \frac{10-11}{5}$ (Q,Q,S,Q,Q)

FORMATION: Mixed lines joined in belt pos (L over R)

STYLE: Severnjaški: Light, bouncy and jumpy.

METER: PATTERN

Meas.

INTRODUCTION: The slow rubato melody (Bavna Melodija). The lead dancer usually indicates how many times each pattern is repeated.

PART I: OSNOVNO (Basic)

- 1 Facing ctr - step R to R (ct 1); step L behind R (ct 2);
step R fwd (ct 3); hop or čukče on L in place (ct 4);
step L back to place (ct 5).
- 2 Step R fwd (ct 1); step L bkwd (ct 2);
step R bkwd as L leg lifts out to side (ct 3); close L to R with sharp click, no wt (ct 4);
fall onto L in pl as R leg lifts out to side (ct 5).

- 3 Hlobka R: Close R to L with sharp click, wt on both (ct 1); fall onto L as R knee lifts fwd (ct 2); small hop on L (ct &); strike R heel beside L toes (ct 3); leap R to R (ct 4); step L in front of R (ct 5).

PART II: POČIVKA (Rest)

- 1 Repeat meas 1, Part I. (to R, side-behind-side-hop R, L bk)
- 2 Repeat Part I, meas 2, cts 1-4 (R fwd, LR bk, click L, fall L); hold (ct 5)
- 3 Hold (cts 1-2); repeat Part I, meas 3, cts 3-5 (cts 3-5) (strike R heel, leap R to R, L in front of R).

PART III: KOSIČKA (Flick)

- 1 Repeat meas 1, Part I. (to R, side-behind-side-hop R, L bk)
- 2 Step R in place (ct 1); step on L in place (ct 2); kick R in a fast, sharp movement in front of L leg (ct 3); hlobka R: turning to face diag L - close R to L with sharp click, wt on both (ct 4); fall on L twd L as R lifts sdwd (ct 5).
- 3 Hlobka R: Close R to L with sharp click, wt on both (ct 1); fall on L to L as R knee lifts fwd (ct 2); hop on L (ct &); strike R heel next to R toes (ct 3); step on R (ct 4); extend L leg fwd low (ct 5).
- 4 Facing ctr and moving slightly diag R bkwd - hop on R as L circles bkwd in arc (ct 1); step L behind R (ct 2); step on R as L extends fwd low to floor (ct 3); hop on R as L circles bkwd in arc (ct 4); step L behind R (ct 5).

PART IV: NA PRED (fwd)

- 1 Repeat meas 1, Part I. (to R, side-behind-side-hop R, L bk)
- 2 Step R,L in place (ct 1-2); facing and moving twd ctr - hop on L as R leg swings low across L (ct 3); leap onto R as straight L leg swings fwd and across R (ct 4-5).
- 3 Turning to face diag L - leap onto L with slightly bent knee (ct 1); strike R heel (leg straight) fwd (ct 2); hop on L as R leg lifts sdwd out (ct 3); hlobka R: close R to L with sharp click, wt on both (ct 4); fall on L to L as R lifts sdwd (ct 5).
- 4 Repeat meas 4, Part III. (R bk, hop R, L behind R, R in pl, hop R, step L behind R)

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