

THE CLARE ORANGE AND GREEN SET

1st Figure

Reel - 168 bars

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|----|--|---|---------|
| 1. | Tops | Advance/Retire once in cross-hand hold. | 4 bars |
| | Pass through | ladies pass L shoulders in the middle with gents on the outside. Both tops pass L shoulder with own partner on reaching the other position and gents drop back into place. | 4 bars |
| | Advance/Retire | | 4 bars |
| | Pass back | to return to own positions | 4 bars |
| | Ladies chain | ladies take R hands in the centre, L hand turn under opposite gent's arm (as in Plain Set) and take R hands on the way back to place. Top gents take their partners' L hand in their R as ladies arrive back in place. | 8 bars |
| 2. | Contrary Tops turn L | to face side couple and take hands in a circle of four with the facing couple. Circles rotate about a quarter of a turn very slowly clockwise and then back anti-clockwise so that the four men form a line diagonally across the set (4 bars). Top gents raise L arm, holding side ladies' R hand, to form an arch; top ladies release hand of side gent, dance under arch followed by top gents and all dance into place (4 bars). Each couple houses around the couple with whom they have just circled. | 16 bars |
| 3. | <u>repeat</u> 1 and 2 above | | |
| | Tops | Advance/Retire/Pass through | 8 bars |
| | | Advance/Retire/Pass back | 8 bars |
| | Ladies chain | | 8 bars |
| | Contrary Tops turn L | | 16 bars |
| 4. | <u>repeat</u> 1 and 2 above but with sides leading | | |
| | Sides | Advance/Retire/Pass through | 8 bars |
| | | Advance/Retire/Pass back | 8 bars |
| | Ladies chain | | 8 bars |
| | Contrary Sides turn L | | 16 bars |
| 5. | <u>repeat</u> 1 and 2 above | | |
| | Sides | Advance/Retire/Pass through | 8 bars |
| | | Advance/Retire/Pass back | 8 bars |
| | Ladies chain | | 8 bars |
| | Contrary Sides turn L | | 16 bars |

2nd Figure

Jig - 264 bars

1. **Back to back** Couples face each other and dance around. Each dancer turns clockwise, while going anti-clockwise around partner, and finishes back in place. Gents start on L foot and ladies on R foot (as usual). 8 bars
Swing in waltz hold 8 bars
2. **Tops 1st tops house across** in waltz hold; gent leaves lady on L of opposite gent in a line of three. 8 bars
Line of three swings in a circle of three while **1st top gent** dances back to place, turning clockwise four times. At the end of the 8 bars, the line of three opens out back into a line. 8 bars
1st top gent advances diagonally L halfway to bow to opposite lady (2 bars), retires to place (2 bars), advances diagonally R halfway to bow to his own partner (2 bars) and then the line of three comes to meet him in the centre to form a circle of four (2 bars). 8 bars
Little Christmas tops swing in centre in a circle of four (6 bars) and then drop back to place (2 bars). 8 bars
3. **Contrary Tops turn L** as in figure 1 16 bars
4. **repeat** 1, 2 and 3 above but with 2nd tops leading
Back to back /
swing 16 bars
Tops 2nd tops house across 8 bars
Line of three swings / 2nd top gent dances back to place 8 bars
2nd top gent advances L then R 8 bars
Little Christmas 8 bars
Contrary Tops turn 8 bars
L 16 bars
5. **repeat** 1, 2 and 3 above but with 1st sides (on L) leading
Back to back /
swing 16 bars
Sides 1st sides house
across 8 bars
Line of three swings / 1st side gent dances back to place 8 bars
1st side gent advances L then R 8 bars
Little Christmas 8 bars
Contrary Sides turn 8 bars
L 16 bars
6. **repeat** 1, 2 and 3 above but with 2nd sides leading
Back to back /
swing 16 bars
Sides 2nd sides house across 8 bars
Line of three swings / 2nd side gent dances back to place 8 bars
2nd side gent advances L then R 8 bars
Little Christmas 8 bars
8 bars

Contrary Sides turn**L**

16 bars

3rd Figure

Reel - 120 bars

1. **Tops Pass through** ladies pass L shoulders in the middle with gents on the outside. Both tops pass L shoulder with own partner on reaching the other position and gents drop back into place. 4 bars
Pass back as above to return to own positions. 4 bars
Ladies chain as in figure 1. 8 bars
Pass through as above 4 bars
Pass back pass through as above except that the gents do not turn to face in but dance into their own position and stay facing out of the set. Side gents turn their back on the couple on their R so that they too are now facing out of the set. 4 bars
2. **Circles Tops face L** and take hands in circles of four with their side couple, with gents facing out of the circles. Circles dance slowly clockwise (4 bars) and then anti-clockwise (4 bars). In the last 2 bars, each gent raises his R arm and turns anti-clockwise while bringing his R arm over his head to finish facing into the circle with his hands crossed. 8 bars
3. **Dance in place** Each circle of four dances on the spot with the gents' hands still crossed (ladies' hands remain uncrossed.) 8 bars
4. **Contrary** in the same circles of four, release crossed hands and take hands around the circle in the ordinary way. Everyone dances back to place in the last 2 bars. Then all house around the couple with whom they have just circled. 16 bars
5. repeat 1, 2, 3 and 4 above but with the sides leading 8 bars
Sides Pass through/Pass back 8 bars
Ladies
chain 8 bars
Pass through/Pass back gents face out 8 bars
Circles Sides face
L 8 bars
Dance in
place 8 bars
Contrary 16 bars

4th Figure

Polka - 120 bars

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|--|---|--------|
| 1. Lead around | in cross-hand hold with the gents turning the ladies under both arms in the last 2 bars | 8 bars |
| 2. Swing | in waltz hold | 8 bars |
| 3. Ladies wheel/gents round | Ladies R hand star (4 bars) and then L hand star (4 bars). At the same time, gents dance anti-clockwise around the outside of the set (4 bars) and then dance back to place clockwise (4 bars). Each gent take his partner's R hand in his R hand as they approach each other on the return and then turn in to face each other in place. | 8 bars |
| 4. Dance in and out | Gents join L hands in the centre and hold R hand in R with their partners who face them. All dance in (1 bar) and out (1 bar) four times. | 8 bars |
| 5. Gents wheel | Gents wheel anti-clockwise with L hands still joined in the centre and, as they do so, they turn their partner four times clockwise. | 8 bars |
| 6. Contrary Tops turn | | |
| L | 16 bars | |
| 8. <u>repeat</u> 1, 2, 3, 4, 5 and 6 above but with sides turning L for the contrary | | |
| Lead | | |
| around | | 8 bars |
| Swing | | |
| 8 bars | | |
| Ladies wheel/gents | | |
| around | | 8 bars |
| Dance in and | | |
| out | | 8 bars |
| Gents | | |
| wheel | | 8 bars |
| Contrary Sides turn | | |
| L | 16 bars | |

5th Figure

Jig - 144 bars

- | | | |
|---|--|---------|
| 1. House around | all couples house around the set. | 8 bars |
| 2. Swing | in waltz hold | 8 bars |
| 3. Gallop | Tops lead Tops gallop across (2 bars) with gents passing back to back, sides gallop across with gents passing back to back(2 bars), tops gallop back with ladies passing back to back (2 bars) and sides gallop back with ladies passing back to back (2 bars). | 8 bars |
| 4. Ladies chain | Tops lead Top ladies chain across as in figure 1 (2 bars) followed by side ladies (2 bars). Top ladies chain back (2 bars) and side ladies chain back (2 bars). | 8 bars |
| 5. repeat 3 and 4 above | | |
| Gallop | Tops lead | 8 bars |
| Ladies chain | Tops lead | 8 bars |
| 6. Contrary | Tops turn L | 16 bars |
| 8. repeat 1, 2, 3, 4, 5 and 6 above but with the sides leading the gallop and also sides turn L for the contrary | | |
| House around | | 8 bars |
| Swing | | 8 bars |
| Gallop | Sides lead | 8 bars |
| Ladies chain | Sides lead | 8 bars |
| Gallop | Sides lead | 8 bars |
| Ladies chain | Sides lead | 8 bars |
| Contrary | Sides turn L | 16 bars |
| 9. House around | | 8 bars |

NB. The jig step is an up step as in the 5th figure of the Plain Set.

6th Figure

Reel - 120 bars

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|--|---|--------|
| 1. Circle up | advance (2 bars) and retire (2 bars) twice holding hands around a circle. | 8 bars |
| 2. Swing | in waltz hold | 8 bars |
| 3. Dance in and out | All couples in waltz hold dance in (1 bar) and out (1 bar), in (1 bar) and out (1 bar). | 4 bars |
| 4. Ladies in/Gents move on | ladies dance in to the centre and out, turning clockwise once while the gents dance on (outside) to the next position, turning clockwise twice. | 4 bars |
| 5. <u>repeat</u> 3 and 4 above three times until gents return to their own partners | | |
| Dance in and out | | 4 bars |
| Ladies in/Gents move on | | 4 bars |
| Dance in and out | | 4 bars |
| Ladies in/Gents move on | | 4 bars |
| Dance in and out | | 4 bars |
| Ladies in/Gents move on | | 4 bars |
| 6. Swing | with own partner in place | 8 bars |
| 7. Dance in and out | | 4 bars |
| 8. Gents in/ladies move on | Gents dance in to the centre, turning clockwise once, while the ladies dance on (outside) to the next position L, turning anti-clockwise twice. | 4 bars |
| 9. <u>repeat</u> 7 and 8 above three times until ladies return to their own partners | | |

Dance in and out		4 bars
Gents in/ladies move on	4 bars	
Dance in and out		4 bars
Gents in/ladies move on	4 bars	
Dance in and out		4 bars
Gents in/ladies move on	4 bars	
10. Swing	with own partner in place	8 bars
11. Circle up		8 bars
12. House around	all couples house around the set	8 bars