

1976 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Presented by Jerry Helt

BANJO CONTRA
(By Jerry Helt)

RECORD: "Old Joe Clark" BLUE STAR BS 1739-A

FORMATION: Contra lines 1,3,5,etc. Couples active and crossed over
(Improper Duple)

COUNTS: Calls and Explanations:

- 1-8 BANJO WITH THE ONE BELOW, M FORWARD GO
Facing the one below, join both hands, assume butterfly banjo pos (R hips adjacent), M go fwd, W back up, pivot in place, (backtrack) to assume sidecar pos (L hips adjacent).
- 9-16 SIDECAR BACK TO PLACE YOU KNOW, FACE THE GIRL
In butterfly sidecar pos (L hips adjacent) M go fwd, W back up, return to place and face each other (Butterfly pos facing.)
- 17-24 HEEL AND TOE HERE WE GO, HEEL AND TOE BACK YOU GO
Start with M L ft, W R ft, move twd M left, W right with a "Heel & Toe", and step,close,step" then with the other foot move twd M R, W L. Repeat the same action,
- 25-32 HEEL AND TOE HERE WE GO, HEEL AND TOE BACK YOU GO
Repeat the above action of 17-24
- 33-40 DO SA DO SAME GIRL YOU KNOW
Do Sa Do the same lady.
- 41-48 SAME GIRL SWING
Swing the same girl and finish with the girl on that man's right, facing the ctr of the set. Progression has been made, actives have moved down one place in line, inactives up one place, all dancers in original lines.
- 49-56 WITH THE COUPLE ACROSS CIRCLE FOUR TO THE LEFT
With the facing cpl in the opp line, join hands and circle four to the left.
- 57-64 LEFT HAND STAR WITH THE SAME FOUR
The same four dancers L hand star exactly once around to end in their original long lines but facing a new person below.

Caller indicates ends cross over every second and alternate sequence through the dance.