

# QUIET CONTRA

from Ed Gilmore

**Formation:** Contra lines, 1, 3, 5, etc., couples active and crossed over.

**Music:** Shaw 189

*To prompt this dance:*

Intro - - - - , With the one below do sa do  
 1-8 - - - - , - Same girl swing  
 9-16 - - - - , Put her on right then right and left thru  
 17-24 - - - - , - - Right and left thru back  
 25-32 - - - - , With the music two ladies chain  
 33-40 - - - - , - - Chain them back  
 41-48 - - - - , - - Slow square thru\*  
 49-56 (Right two - - , (left two - - (Cadence calls, not prompts)

\* Caller indicates CROSS OVER every second and alternate sequence through the dance.

*As the dancers learn the figure, less prompting is necessary. For example:*

57-64 - - - - , - - Corner do sa do  
 1-8 - - - - , - - Same girl swing  
 9-16 - - - - , - - Right and left thru  
 17-24 - - - - , - - - Back  
 25-32 - - - - , - - - Chain  
 33-40 - - - - , - - - Back  
 41-48 - - - - , - - - Square thru  
 49-56 - - - Left, - - - right

**Note:** This dance was popularized by Ed Gilmore, but whether he wrote the dance or someone else did is not known. It is recorded to the original Ed Gilmore music of the "Quiet Dance," and is delightful to do.

The 16-count (traditional) 'Square thru' very probably came to contemporary square dancing from Contras and Ed usually referred to this when he used the dance.

Probably first danced in Southern California, this dance is a favorite in the Western United States and amongst contemporary square dancers everywhere.