

## LAS COPETONAS

Belongs to the family of dances called Sones.

Country: Jalisco, Mexico.

Formation: Cpls, line of ptrs, or circle, ptrs facing each other, about two ft apart. Steps same for both.

Style: M: Grasp hands in back.  
W: Holds her skirt out to side.

Meter: 6/8

Record: Las Copetonas, Musart M 980.

Meas.

1 Introduction

1-14 I. Both M and W individually make a 1/4 turn R so L shoulders are facing, and with 14 "Quebrados" do a CW circle around each other.

"Quebrados": (Literally: breaks): Step back R, simultaneously bending L ankle to L (cts 1,2,3), step back L, simultaneously bending R ankle to R (cts 4,5,6).

15 Stamp R (cts 1,2,3), stamp L (cts 4,5,6), turning to face each other.

1-4 II. 1st Zapateado Sequence: 4 stamps in place, emphasizing the first (cts 1-4), hold (cts 5,6) R,L,R,L--.  
Repeat, 10 stamps in place, emphasizing 1, 4, 7, & 10 (cts 1-6, 1-4), hold (cts 5,6) R,L,R,L,R,L,R,L,R,L--.

5-8 Repeat.

1-4 IIIA. Foot-brushes: Hop on R 8 times, swinging L (lower) leg back and forth, R and L, laterally in front of body, brushing sole of ft on floor with each swing. (Try not to make this a fwd and back swing.) Each hop is 3 cts, 2 hops to a meas.

5-8 B. Reverse, hopping on L.

9-12 C. Repeat A.

13-16 D. Repeat B.

## LAS COPETONAS (Cont)

- 1-8 IV. Repeat II.
- 1-16 V. Repeat III.
- 1-2 VI-A. 2nd Zapateado Sequence: Facing diag R fwd, do a  
6 stamp zapateado, R,L,R,L,R,L (cts 1-6), Stamp R--  
(cts 1,2,3), stamp L-- (cts 4,5,6).
- 3-4
- 3-4 B. Repeat, facing diag. fwd L (starting with R).
- 5-6 C. Repeat, facing diag. fwd R, but do not take wt on  
last stamp L.
- 7 D. Stamp L, rap R heel alongside L, step on ball of R at  
L instep (cts 1,2,3); repeat the L-heel-toe, making  
1 complete CCW turn in place on these two L-heel-toe  
steps.
- 8 E. Facing, stamp L-- (cts 1,2,3), stamp R-- (cts 4,5,6).
- 1-8 VII. 4 Las Alazanas sequences, changing places with ptr,  
passing R shoulders, finishing with a 1/2 CW turn  
to face each other.
- Las Alazanas Sequence: Drop back on L (ct 1), step  
fwd R- (cts 2,3). Repeat (cts 4,5,6). Feet about  
1-1/2 ft apart, moving fwd, galloping like a pony.  
In place stamp L (cts 1,2), stamp R (cts 3,4), hold  
(cts 5,6).
- 1-64 VIII-XIII. Repeat II through VII.
- 1-12 XV. Repeat II.
- 1-11 XVI. Repeat I, doing only 11 "Quebrados," but still making  
1 CW circle around each other, moving bkws.
- 12-13 Ending: Take R hands, and stamp 3 times, L,R,L- (cts 1-6),  
M in place, W turning once CCW to end at his R side facing  
fwd, R hands at W's R waist. Stamp R,L,---- (cts 1-6).

Presented by Alura Flores de Angeles