

Cross-Step Waltz Circle

Vintage, U.S.A.

Richard Powers introduced the Cross-Step (Crosstep) Waltz a number of years ago. He taught a number of very nice figures for couples at the 2003 Stockton Folk Dance Camp. These figures have been set here as a sequence for a line dance so that they can also be enjoyed without partners. This dance was arranged by Lu Sham and presented at Camp Hess Kramer Institute, October 2003

MUSIC: Any moderately slow waltz (100-130 beats per min), preferably with a repeating melody every 32 meas.

FORMATION: Mixed, closed circle of M and W, facing ctr at arms-length from neighbor.

STEPS: For term in quotes, refer to Richard Powers' notes in Stockton 2003.

METER: 3/4

PATTERN

Meas.

INTRODUCTION: Depends on music used.

FIG. I: BASIC & TURNING

1-2 Do 2 "basic" cross-step waltz, R and L in LOD.

3-4 Do "Turning Basic" beg L.

5-8 Repeat meas 1-4.

FIG. II: GRAPEVINE; PIVOT; BASIC

1 Do a three-step grapevine beg L.

2 Do the Three-step pivot turn, (W part in "Grapevine Underarm Turn.")

3-4 Repeat "Basic" as in meas 1-2, Fig I. (W part in Follower's Solo)

FIG. III: TURNING BASIC & BASIC

1-2 Repeat "Turning Basic" as in meas 3-4, Fig. I.

3-4 Repeat Basic as in meas 1-2, Fig. I.

5-8 Repeat meas 1-4.

FIG. IV: TURNING BASIC; GRAPEVINE; 3-STEP PIVOT & TURNING BASIC

- 1 Do the first half of "Turning Basic" to face away from ctr.
 - 2 Do the Three-step grapevine, beg R and moving in LOD.
 - 3 Do a Three-step pivot turn moving in LOD.
 - 4 Do second half of "Turning Basic" - end facing ctr. (W part in Grapevine Insider Turn".)
 - 5-8 Repeat meas 1-4.
- Repeat dance from beg to end of music.

Dance notes by Lu Sham, 9-03

Presented by Lu Sham
 Camp Hess Kramer Institute
 October 17-19, 2003