CUJES MALA KOLO
Serbian Circlé Dance
Record FOLK DANCER MH 1010



Pronounced "CHOO-YESH MA-LA" and means, "Listen, little one".

The "Cujes Mala" step is done over and over again in this dance. Remember that Kolos werenot meant to be watched, so that the sepctator may look upon this dance as a boring event...but to the dancer, he enjoys the rhythm and can go on forever!

The step as described here is in its simplest form. After it is mastered, then the dancer will feel free to improvise on the step without losing the beat. Kolo variations are practically impossible to describe via the written word. Try to get a bonafide native to do it for you, or watch or learn from a folk dancer or teacher who "knows how".

FORMATION: Any number of dancers in a circle, joined hands held down.

Partners are not needed. The entire dance is done facing center.

Step on Rft.

Hop on Rft.

Step on Lft with full weight, bringing it down crossed in front of Rft.

Now in place, step on Rft and hop on Rft twice.

Step on Lft and hop twice on Lft.

Step on Rft and hop twice on Rft.

Step on Lft and hop on Lft.
Cross Rft over Lft.
Step on Lft and hop twice on Lft
Step on Rft and Hop twice on Rft.
Step on Lft and hop twice on Lft.

In counting out the dance one would cue it this way.

Moving to R: Step-hop-step.

\*Step-hop-hop (Right)

\*Step-hop-hop (left)
\*Step-hop-hop (Right)

Moving Left: Step-hop-step

\* Step-hop-hop(Left)

\*Step-hop-hop(Right)

\*Step-hop-hop(Left)

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There is a pronounced flex of the knees throughout the entire dance with an even deeper flex down of the knee on the "step" marked with an\* above. Or on each step just before a hop, make a deeper flex of the knee. A bounce on the heel can be substituted for a hop at times. At times the free foot is pointed fwd during the hop as a variation.

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Researched by Michael Herman at Serbian ethnic groups.

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POBOX 201 Flushing LI NY
11352
Michael Herman, Director