

CZWOROK
Poland

SOURCE: This dance is known in the whole region of Gorny Śląsk with numerous figures and with different names, including: Rechter, Szkolarz, Litery and Siedmiokrocze. Written here are figures from the Opole and Cieszyn district of Śląsk, in south-western Poland bordering on Czechoslovakia.

PRONUNCIATION: Chvaw-rock

MUSIC: Record - MUZA XL 0670, Side A, Band 1 "Fabrykantka" 2/4
(slow record to 30)

FORMATION: Double circle of ptrs facing, hands flat on waist, M back to ctr. Steps written for M, W use opp ftwk.

MUSIC: 2/4

PATTERN

Meas

INTRODUCTION: 6 beats

FIG. I:

- 1-8 Starting L do 16 walking steps passing R shldr with ptr to switch places, turning L to face ptr, passing R shldr with ptr again turn R to return to orig pos. This pattern forms a fig 8.
- 9-10 With inside hands joined, starting L do 1 polka step turning back-to-back and 1 polka step face-to-face with ptr.
- 11-12 Repeat meas 9-10 (4 polka steps in all).
- 13-16 In social dance pos, do 4 polka steps with ptr turning in LOD. Polka should be smooth and flat footed (similar to two-step).
- 17-24 Repeat meas 9-16.
- 25-28 Repeat meas 1-24.

FIG. II:

- 1-3 In social dance pos, beginning L, do 3 step-closes twd ctr of circle.
- 4 Stomp L next to R - with wt.
- 5-8 Repeat meas 1-4, with opp ftwk and direction.
- 9-10 Do 1 polka step each, sdwd L and R.
- 11-12 Repeat meas 9-10, except make 1/4 turn CW to end with M back to ctr.
- 13-16 In social dance pos, pivot 8 steps with ptr (M L, W R, arms stiff and diag down).
- 17-24 Repeat meas 9-16 (4 polkas, 8 pivots).
- 25-48 Repeat meas 1-24.

INTERLUDE:

- 1-4 Starting L (M back to ctr), walk 4 steps making 1 complete turn (circle) to own L, and end facing ptr.
- Repeat dance from beginning.

Presented by Glenn Weber at
Idyllwild Workshop 1979

Presented by Dave & Fran Slater at
Hess Kramer Institute Weekend 1979