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## DEBKA RAFIAKH (raf-ee'ak)

(Israeli Men's Dance)

MUSIC: Record: Folkraft 1127 - Debka RafiaKh

FORMATION: Line of M facing ctr, L hand held behind back, palm out; R hand holding L hand of M ~~in front~~, R palm fwd.

STEPS: Walk. Throughout whole dance, lift and lower heel twice on each ct.

*all actions are sharp*

Music  $\frac{4}{4}$

Pattern

Meas.

1 chord Introduction

I-a. HANDHELD AS IN "FORMATION"

1 Wt on L, place R heel fwd on floor (ct 1); place R ft beside L without wt (ct 2); again place R heel fwd on floor (ct 3); in LOD, drop onto R, lifting L ft bwd, knee bent (ct 4).

2 In LOD, step fwd on L (ct 1); close R to L, pivoting  $\frac{1}{4}$  CCW to face ctr (ct 2); bounce heels from floor twice (ct 3); rpt heel bounces (ct 4).

3-4 Repeat action Fig. I, meas. 1-2.

I-b. HANDHELD AS IN "FORMATION"

5 Facing ctr, place R heel <sup>for diag to left</sup> fwd on floor (ct 1); step (or drop) onto R in LOD, lifting L ft bwd, knee bent (ct 2); step fwd in LOD on L (ct 3); close R to L without wt, facing ctr (ct 4).

6-10 Repeat action meas. 5 <sup>Fig 1b</sup> five more times.

I-c FACE CTR; HANDS HELD DOWN TO SIDES

11 Jump in place four times, <sup>starting up on 1 and coming down on 2</sup> ~~bouncing twice with each jump.~~

12 Stamp R ft diag fwd to R (ct 1); stamp R fwd slightly farther to R, <sup>turning to R & shoulder slightly in, hands coming fwd</sup> bending body fwd (ct 2); close R to L, facing ctr; straightening body (ct 3); drop onto R sharply, facing LOD, lifting L heel bwd, knee bent (ct 4).

13 Step on L in LOD (ct 1); close R to L, facing ctr (ct 2); bounce heels from floor twice (ct 3); repeat heel bounces (ct 4).

*continued...*

## Debka Rafiakh (cont'd)

Meas.

## II.-a HANDHELD AS IN "FORMATION"

- 1 Moving swd to R, dance four step-closes, head turned sharply to R *(for all 4)*  
(one step-close per ct). Do NOT slide feet. Step is on straight leg on R, with an infinitesimal drop on L. R shoulder turns slightly fwd during step on R, relaxes during step on L. *(very quickly)*
- 2 Continue moving to R with step-closes as in meas. 1, but with head turned sharply to L. *for the next 8 cts*
- 3-4 Repeat action of Fig. IIa, meas. 1-2. (8 more step-closes).

## II-b. MOVING CCW.

- 5 Step swd and slightly fwd to R on R, bending body low and bringing hands fwd (ct 1); step L across in back of R, beginning to rise (ct &); step diag fwd in LOD on R, body straight and hands down (ct 2); step in LOD on L (ct 3); step on R, facing ctr, returning L hand to back (ct 4); step L next to R (ct &). *turning R to be and shoulder slightly in*

- 6-10 Repeat action of Fig. II-b, meas. 5, five more times.

III. HANDHELD AS IN "FORMATION"; ~~MOVE FWD IN LOD~~ *MOVE FWD IN LOD* *TURNING R. to shoulder slightly in*

- 1 *close L to R, taking wt on L* ~~Turning L to R, step R ft swd on floor, directly twd ctr, bending body and dropping hands to sides (ct 1); step ~~back~~ *place R* (ct &); step on R, toe pointing to R (ct 2); extend L toe, pointing to ~~floor~~ *floor* (ct 3); turn L ft to L, taking wt (ct 4).~~ *turning R. to shoulder slightly in* *TURNING R. to shoulder slightly in* *TURNING R. to shoulder slightly in*
- 2 Repeat action Fig. III, meas. 1 but don't take wt on on ct 4
- 3 Jump *in* ~~to~~ *with* place R ft fwd and L ~~back~~ back, wt on both (ct 1); jump to reverse ft position (ct 2); jump to place feet together (ct 3); bounce *twice* in place (ct 4). *(Description)*

Repeat ~~whole~~ *entire* dance from beginning, then begin again, ending with Fig. I-b.