

Devotchka Nadya – Девочка Надя

(Russia)

Traditional folk dance of the Don Cossacks that was collected by the Russian ethnomusicologist Aleksej Shilin during a field work expedition. Hennie Konings learned the dance from Aleksej Shilin at a dance event in the Ukraine in 2007. The melody of this dance is well known all over Russia and many different dances are done to it. Translation: “Nadya, little girl.”

Pronunciation: DYEh-vach-kah NAH-djah

Music: *Russian Folk Dances @ Stockton 2008, Band 2; or Syncoop 5765 CD 287,*
Band 20

4/4/meter

Formation: Sets of three: one M (in the middle) with two W (L and R hand side), hands held in V-pos, sets in a grand circle facing CCW dir.

Steps & Styling: All stamps are *without* weight unless otherwise noted.

Klyutch: Stamp with R heel (ct 1); tap with L heel while standing on L ft (ct &); [*Optional*: quick stamp with R heel (ct ah)]; step on R in place (ct 2); stamp with L heel (ct &); tap with R heel while standing on R ft (ct 3); [*Optional*: quick stamp with L heel (ct ah)]; step on L in place (ct &); ending stamp R slightly fwd (ct 4).

Cossack klyutch: Cross-stamp R over L with weight (ct 1); step back onto L (ct &); step on R next to L (ct 2); cross-stamp L over R with weight (ct &); step back onto R (ct 3); step on L next to R (ct &); ending stamp R slightly fwd without weight (ct 4).

Meas

Pattern

10 meas INTRODUCTION, No action.

PATTERN

- 1 Fall onto L in place with slightly bent knee while hands move up to W pos (ct 1); step on R heel slightly fwd (without actually moving) (ct 2); repeat ct 1 while hands move down into V pos (ct 3); step bkwd on ball of R ft (without actually moving) while hands swing bkwd (ct 4).
- 2 Repeat meas 1, cts 1-2 twice, now moving fwd in CCW dir while hands return to W-pos (cts 1-4).
- 3-4 Repeat meas 1-2 one more time. Keep hands in W pos during meas 3 ct 1-2.
- 5-7 8 walking steps (starting L) during which both W dance around the M simultaneously, the R-hand W CCW and the L-hand W CW and the hands remained joined throughout. When the W pass each other in front of the M, the R-hand W goes under the arch formed by the M's L hand and L-hand W and, when passing behind the M, the L-hand W goes under the arch formed by the M's R hand and the R-hand W. When M's hands are over his head, they cross but do not let go of W's hands. During these movements the three dancers turn ¼ left to face ctr.

Devochka Nadya—continued

- Facing center and taking 4 steps, both W quickly turn inward in the M's arms: R-hand W turns L along the M's R arm, and L-hand W turns R along the M's L arm. **Note:** during these inward turns the free arms of the W should be kept a little higher and then close over the arm that is held by the M.
- 8 Klyutch.
- 9 Repeat meas 1 (now facing ctr).
- 10 Heavy step on L in place with knees slightly bent (ct 1); touch R heel (ct &); step on R heel slightly fwd (ct 2); repeat cts 1-2 (cts 3,&,4).
- 11-12 Repeat meas 9-10.
- 13-15 8 walking steps (starting L) during which the set as a whole turns $\frac{3}{4}$ L around while moving outward from the ctr, ending as a set of three facing CCW. Four steps while both W quickly turn out of the M's arms (R-hand W turns R, L-hand W turns L). Ending without holding hands with the M facing CCW and the W a little in front of him on both sides facing each other.
- 16 Klyutch.
- 17-20 16 walking steps (starting R) while performing a Figure-8 (reel for 3), the M starting with the R-hand W passing R shldr and ending holding hands in the set in W-pos facing CCW.
- 21-22 Four two-steps (QQS) starting R moving fwd CCW while the M turns both W 2 times under his arms, R-hand W turn L and L-hand W turns R.
- 23 M: Two 3-steps fwd CCW to meet 2 new W.
W: Cossack Klyutch in place facing each other.
- 24 In the set with new ptrs: Klyutch.

Repeat the dance from the beg with newly formed sets.

Presented by Radboud Koop