Dance Research Committee:  Bill and Carol Wenzel

# Dolgoto Oro
Macedonia (Pelegonia)

Dolgoto (DOHL-goh-toh OH-roh), composed by Pece Atanasovski, means "the long one," referring to the five-count measure, similar to that of the popular Beranche. Dolgato was presented in 1984 by Pece in Washington D.C. and by Stephen Kotansky at the San Diego State FD Conference.  After many of Pece's workshops during the early 90's in Germany and at his camp in Oteshevo, Macedonia, it was taught by Michael Ginsburg at the 1993 North/South Folk Dance Teachers' Seminar, the 1994 Stockton Folk Dance Camp and the 1995 and 2006 Mendocino Folklore Camps.

Music:  CDs:  Larry Weiner, Balkan Dance, MFL 2004, Track 5; Michael Ginsburg,
        N/S FD Teacher's Seminar 2006 and MFL Camp 2006, Track 1.
   Record:  LP-Jugaton LSY 61392
   Cassettes:  Michael Ginsburg: Dances of the Former Yugoslav Republics, Side A/9;
        Balkan Feast, Side B/10; Balkan Jam, Side B/8; N/S FD Teachers', Side A/5.
   Meter = 12/8 = 2/8+2/8+3/8+2/8+3/8; counted here as 1,2,3,4,5 or q,q,s,q,s.

Videos:  54 Macedonian Folk Dances with Pece Atansovski, #5;  BMA Productions:
        Macedonian FDs with Pece A., Vol 2, #9; Michael Ginsburg, SFDC '94.

Formation:  Mixed line or open circle facing diag R of ctr, hands joined down in V-pos.

Steps:    Click:  Click free ft to supporting ft, transferring wt.
           Bounce: Keeping ball of ft on floor, raise heel ahead of, and lower on the beat.

Styling:  Pece presented the dance solo, with many big body movements, including full
        turns and squats.  Here we follow Michael Ginsburg's more controlled line.

| Measure | 12/8 meter | PATTERN |
|---|---|---|

INTRODUCTION - none

### Fig. I   MOVE LOD AND FACE CTR TO BOUNCE

1       Facing R of ctr and moving in LOD, raise R fwd (ct 1); step R, L (cts 2, 3); small leap onto R (ct 4); step L (ct 5).
2       Turn to face ctr, bounce on L and raise R, knee bent (ct 1); step R to R (ct 2); step fwd on L (ct 3); step back on R in place (ct 4); bounce on R (ct 5).
3       Continuing to face ctr, repeat meas 2 with opp ftwk..

### Fig.II  MOVE LOD AND FACE CTR TO BOUNCE AND CLICK

1       Repeat FIG I, meas 1.
2       Facing ctr, bounce on L, raising R fwd (ct 1); step on R diag fwd R (ct 2); click L to R, taking wt (ct 3); step back R in place (ct 4) bounce on R (ct 5).
3       Continuing to face ctr, repeat meas 2 with opp ftwk.

Sequence:  Repeat with figure-changes called by the leader on the right.