DUNÁNTULI UGRÓS
Hungary

Ugrós (jumping) dance is one of the characteristic dances of Western Hungary (Transdanubia-Dunántul). It has preserved the elements of the old style line and chain dances. The dance described below can still be found in Šarköz, close to the western bank of the Lower Danube (Duna) River. Dunántuli Ugrós was introduced to America by Sándor and Erzsébet Timár at the Third Hungarian Folkdance Symposium at Fairleigh Dickinson University, New Jersey, in 1982. The sequence described was arranged by Kálmán Magyar. In its authentic form the dancers follow the improvisation of the leader. During the dance the couples move inside the circle and dance the figures in an improvised manner. After a few melodies the couples rejoin the circle and others move inside.

This dance was introduced by Kalman & Judith Magyar at the 1982 San Diego S.U. Folk Dance Conference.

PRONUNCIATION: DOO-nahn-too-lee OO-grohs

RECORD: HRLP 004 (LP), Side A, Band 1b

METER: 4/4

FORMATION: Dancers in a closed circle, hands joined in "V" pos.
              Circle moves continously to L throughout dance.

MEAS.   STEPS:

I: CSÁRDÁS

1   Moving sdwd, step L to L (ct 1); close R to L (ct 2); small click L to R while bouncing on R (ct 3); hold (ct 4). Step repeats exactly.

II: KIRAKÓS

1   Bounce slightly on R while touching L fwd and slightly to L (ct 1); in place, leap on L and touch R fwd and slightly to R (ct 2); jump onto both ft together in place (ct 3); hold (ct 4). Step repeats exactly.

III: HÁROMUGRÓS

1   Raise L leg sdwd to L, knee bent (ct & of previous meas). Hop on R while swinging L in front of R, knee bent (ct 1); hop on R and swing L to L side (ct 2); step L to L (ct 3); step R near L (ct &); step L to L (ct 4).

2   Repeat cts 1,2 with R (cts 1-2); click R heel to L (ct 3); hold (ct 4).

IV: CIFRA VARIATION

1   Raise L leg sdwd to L (ct & of previous meas). Step L to L (ct 1); step R near L (ct &); step L to L (ct 2); in place, hop on L and touch R fwd and slightly to R (ct 3); leap onto R and touch L fwd and slightly L (ct 4).

2   Hop on R and raise L diag back L, knee bent (ct 1); small leap onto L in place, raise R bkwd diag R, knee bent (ct 2); click R to L (ct 3); hold (ct 4).

V. UGRÓS
Raise hands to "W" pos.

Grapevine (plain)

1   Moving to L (CW), step R across L (ct 1); step L to L (ct 2);
     step R behind L (ct 3); step L to L (ct 4).
     Hands move fwd slightly on cts 1-2; return to "W" pos on
     cts 3-4.

Grapevine (variation)

1   Use same movements as "plain" grapevine except steps on R ft
     become stamp-hops (cts 1,& - 3,&).

VI: DOBOGÓ
Release hands and raise to approx head level, palms facing fwd.

1   With wt on L, stamp R fwd, toe turned to L (ct 1); hop on
     R (ct &); step R beside L (ct 2); repeat with opp ftwk
     (cts 3,&,4). Face diag R (cts 1,&,2); diag L (cts 3,&.4).

DANCE SEQNENCE

FIGURE I:

1-12   Hold in place for one meas as an Introduction. Dance Step I,
       11 times.

FIGURE II:(vocal)

1-12   Dance Step II, 12 times.

FIGURE III:(vocal)

1-12   Dance Step III, 6 times.

FIGURE IV:

1-6   Dance Step I, 6 times.

FIGURE V: (vocal & instrumental)

1-24   Dance Step IV, 12 times.

FIGURE VI: (vocal)

1-8   Dance Step I, 8 times.
9-16   Dance Step II, 8 times.
17-24 Dance Step III, 4 times.

FIGURE VII:

1-9   Dance Step I, 9 times.
10-12 Raise hands to "W" pos. Dance Step V (plain), 3 times.
13-15 Dance Step V (variation), 3 times.
16-18 Dance Step V (plain), 3 times.
       Release hands and raise to about head level, palm fwd.
19-21 Dance Step VI, 3 times.
22   With wt on L, stamp R fwd, toe turned to L (ct 1); hop on L
       and turn 1/2 CW (R)(ct &); facing out, step on R (ct 2);
       stamp L fwd, toe turned to R (ct 3); hop on R (ct &); step
       L beside R (ct 4).
23   Stamp R fwd, toe turned to L (ct 1); hop on L (ct &); step
       R beside L (ct 2); stamp L fwd, toe turned to R (ct 3); hop
       on R and turn 1/2 CCW (L)(ct &); step L beside R (ct 4).
24   Dance Step VI, once.
25-27 Depeat meas 22-24

Contrinued...

FIGURE VIII (vocal)

1-9   Rejoin hands in "W" pos, Repeat Fig. FII, meas 10-18 (Grape-
        vine - plain, variation, plain). On last ct click L to R.
10-18   Lower hands to "V" pos, Dance Step I, 9 times.

FINISH

Dance ends on meas 18 with a L,R,L in place (replaces click).

Dance notes by Ruth Ruling, revised slightly by Dorothy Daw.

COUPLE VARIATION

At any point in the dance cpls may leave the circle, go inside and
dance as in individual cpl. Sequence does not have to follow that
used by the big circle, but it is preferable to arrange steps.so that
the rest step (Fig. I) alternates with jumping figures. Cpls may
return to the circle at any time but preferably during the rest step.
Following are some general directions for dancing the couple version.

1. Facing ptr, one or both hands may be joined (R with L). Ptrs can
    exchange places by releasing hands and passing by R shldrs. Ex-
    change can also be made by M turning W under one of the joined
    hands (release the other). Can be done at any convenient time,
    usually with 3 steps.

2. Steps can be done solo with no hands joined. On solo turns hands
    may be clapped.

3. While W continues with basic steps, M may do clapping pattern
    such as: Hopping on R,, clap hands under L leg (ct 1); step
    onto L, clap hands about chest level (ct 2); hop on L, clap
    hands under R leg (ct 3); step on R, clap hands about chest
    level (ct 4).

4. M leads, initiating all turns and place changes. However, W
    does not necessarily use the same steps at the same time as the
    M.

    (NOTE: Couple version was not taught at San Diego Conference)

Presented by Donna Tripp
Treasurer's Ball Institute, November 13, 1982

..Continued...

133 DUNANTULI UGROS
Formation, add under: Circle moves continously to L throughout dance.
I, Csardas, change end of line 1 to: (ct 2); small click..
II, Kirakos, line 3 change, extending ~~outside-of-ball-of-R-ft~~ to, extending and touching R toe to R
IV, Cifra Variation, line 3 and 5, change ~~outside-of-ball-of~~ ~~R/L-ft~~ to, and touching R/L toe to R/L

134 VI, Dobogo, add to end: Face diag R (cts 1,&,2), diag L (cts 3,&,4).

135 Add under Fig. VIII: Ending: End meas 18 with a LRL in place (replaces click)