

Presented by Ciga Despotović

FALLIA E LECHTE
Albania

TRANSLATION: Easy Dance

PRONUNCIATION: Fahl-ya eh Lek-teh

RECORD:

FORMATION: M and W in an open circle, little fingers joined at shldr level. Arms move, from elbows, sdwd - starting to the R in Fig. I, starting L in Fig. II.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: 4 cts

FIG. I:

- 1 Facing ctr, and moving LOD, step R to R (ct 1); close L to R (ct 2); repeat cts 1-2 (cts 3-4).
- 2 Repeat meas 1, (4 step-closes in all for meas 1-2). (Throughout Fig. I, hips move subtly in same direction as arms, both moving on each beat. Both end straight on Ct 4, meas 2.)

FIG. II:

- 1 Step L across R, slightly facing LOD (ct 1); step R across L, slightly facing RLOD (ct 2); step back L,R, slightly facing LOD (cts 3-4).
- 2 Facing ctr and moving RLOD, step L to L (ct 1), close R to L (ct 2); repeat ct 1-2 (cts 3-4). (Hips and arms again move as in Fig. I, and arms and hips end straight on ct 4 of meas 2.)

Entire dance is done 8 times.

CUE THRU:

4 ct intro

I. LOD:R - top - R - top - R - top - R - stop
(arms and hips move with same ft.)

II. L cross (arms to L)
R cross
Back 2 (diag)
L - top - L - stop (hips)

Whole dance done 8 times.