

ACHTTOURIGER MIT WALTZER Cont'd

2nd Tour

A. Meas. 1-8 (with rep.) Women's Round All four women dance by themselves inside around the circle past each of the men and back to their places. They turn constantly with hands on hips much as explained under D. Men clap hands.

B to D Same as 1st Tour

END CIRCLE

Meas. 1-8 (with rep.) Circle to left and right as in the beginning. During the last two measures of the repetition bow to your partners.

GEESTLANDER WALZER (Geestlaender Waltz)
RONDO RECORD RFD 9B

German Folk Dance published in German Folk Dances Vol. I by Paul Dunsing
4754 No. Ashland Ave., Chicago 40, Illinois

Formation: Couples in a circle, men on the inside, women on the outside, inside hands joined, outside hands on hips.

This is a description of the man's movements. Women start on opposite feet.

Meas. 1 Step left forward on first beat and draw right foot to the left on third beat.
Meas. 2 Step left forward, arms swing forward.
Meas. 3 Point right foot forward
Meas. 4 Drop joined hands with pivot on left foot (toward Partner) swing right foot through (facing now in opposite direction), and joined the other hands.
Meas. 5-8 As measures 1-4 but in opposite directions and beginning right ending facing each other with both hands joined.
Meas. 9 Step left sideward
Meas. 10 Cross right over left, pointing right foot.
Meas. 11 Step right sideward.
Meas. 12 Cross left over right, pointing left foot
Meas. 13-16 Then both dance Waltz together with regular hold, turning clockwise (Use old fashioned German Waltz)

* * * * *

DANCE LIGHTLY

GERMAN M 114

This was a favorite of German youth during the height of the German Youth Movement in the 1920's. It was also favored by Chicago folk dance groups and finally its title became the title of the little folk dance volume DANCE LIGHTLY

Formation: Couples in a large circle, all hands joined.

Action: Vers 1: 4 hopsteps beginning left - free leg swings lightly across then step left on next measure, close in right with lift on toes and down on the following measure; repeat the side step and the lift for the last two down on the following measure; repeat the side step and the lift for the last two measures. Then reversed to the right.