HAR IMON

Couple dance, couples facing ptnr, M inside facing out to G, both hands joined up fwd, hands close together. M and G have same footwork. L footed dance. Note 3/4 time.

		PART I
1	L	step diag fwd across over R, so that L shoulders almost touch, arms out wide
2	R	step back to place, hands in close together. to sides.
3	L	close
-4	R	walk fwd, CW around ptnr, changing places. First pass R shoulders, arms
5	L	out wide, and then turn back to face ptnr, bringing hands in together.
6	R	
⁻ 7-	12:	repeat, starting in opposite places.
13	-24:	repeat 1-14, turning on count 24 to face Ccw around circle, raising inside
		L-13- L111133-1 3-1-1

hands to shoulder level.

PART II fwd, around Ccw, side by side with G on M's right. Inside hands reach 2345678 over joined outside hands and extend fwd low with inside arms straight. R L lunge back, around Cw. Inside hands come back in a circle over, behind, R step under, and up in front of outside arms and then reach back high L step with outside arms caught in the crooks of the inside elbows. R step L lunge step fwd, around Ccw. R repeat. Music is still in 3/4 time so each measure starts with a different step of the eight step cycle.