

NASHACHAR

Israeli Circle Dance

PRONOUNCED: Ha-sha-khar

TRANSLATION: The Dawn

RECORD: Madarim Ensemble, Capitol DT 10490;
Back from Israel, Madarim LP -3.

DIRECTIONS: Instruction booklet enclosed with record,
Back From Israel, Madarim LP-3.

FORMATION: Circle, all hands joined down in a simple hold.

Meas Counts Pattern

PART I:

- | | |
|-------|---|
| 1-4 | Step with L to the left side, slide with R across L foot while crossing wrists and snapping fingers once. |
| 5-8 | Step back with L, then R, and cross-hop with L over R. |
| 9-12 | Step with R to the right side, slide with L across the R foot. |
| 13-16 | Repeat Cts. 9-12. |
| 17-19 | Step back with R, L; step front with R. |
| 20 | Lift your left heel off the floor. |
| 21 | Place your L heel on the floor, straighten knee |
| 22 | Hold |
| 23-44 | Repeat Cts. 1-22. |

PART II:

- | | |
|-------|---|
| 1-4 | Step back on L, step back on R, step fwd on L, and HOLD. (Yeminite Step to Left.) |
| 5-8 | Step back on R, step back on L, step fwd on R, and HOLD. (Yeminite Step to Right) |
| 9-10 | Sweep L foot in from the left side, raise this leg, and hop on the R foot. |
| 11-13 | Step back on L, step back on R, and step fwd on L heel next to R foot. |
| 14 | HOLD |
| 15-16 | Turn your L toes to the R side (bend knees.)
HOLD |
| 17-18 | Turn your left toes to the L side, then R side (bend knees). |
| 19 | Jump with both feet together, landing on L. |
| 20-22 | Step back on R, L, R. |
| 23-24 | Yemenite step to the L side. |

(continued on next page.)

(Hashachar, continued, page 2)

PART III:

- 1-4 Place R heel by L foot; turn R toes to right side, then to the left side.
- 5-8 Jump forward on both feet, hop on L foot, step fwd. on R foot, step in place on L foot.
- 9-12 Step back on R, then L foot.
- 13-16 Yemenite step to the R side and HCLD.

Presented by YL'AKOV EDEH

International
Folk Dance Symposium
Eugene, Oregon
July 8-14, 1973