

# HASKOVSKA LESA

Bulgaria

*Pravo*

**Translation:** Belt-hold line dance from the region of the town of Haskovo in Trakija, Bulgaria.

**Source:** Boris Conev – “Balgarski Narodni Hora I Racenici”, Sofia, Bulgaria, 1950

**Music:** Cassette Nina Kavardjikova 1994.01



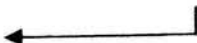

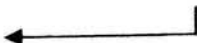
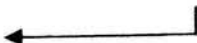
**Meter:** 2/4 1, 2, 1, & 2, &

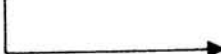



**Formation:** Mixed open circle. Hands held at belt or W-position

**Style:** Trakijiski:

- small knee bent position
- steps are done mainly with the wt on the whole ft
- lyrical character in movements
- dipping movements coming from the ankle and knee joints

## INTRODUCTION 15 measures

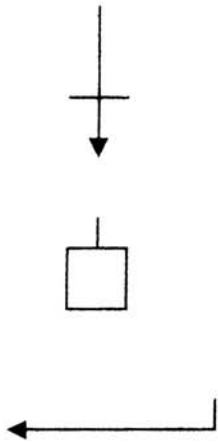
<u>Direction</u>	<u>Meas</u>	<u>Ct</u>	<u>Pattern</u>	<u>Part 1 “Bavno”</u>
	1	1	step on R ft	
		2	step on L ft	
	2	1	step on R ft	
		2	lift and move L ft fwd, bending R knee	
	3	1	step on L ft	
		2	lift and move R ft fwd, bending L knee	
	4	1	small step or fall onto R ft	
		&	small step on L ft	
		2	small step on R ft	
		&	bend R knee, lifting L ft	
	5	1	stamp on L ft fwd L, taking wt	
		2	hold	

			<u>Part 2 “Barzo”</u>
	1	1	Step on R ft
		2	Step on L ft next to R ft
	2	1	Step on R ft
		2	small hop on R ft, lifting L ft fwd
	3	1	step on L ft.
		2	small hop on L ft. lifting R ft fwd
	4	1	small jump on both ft slightly apart
		2	small jump on both ft together

(continued)

# HASKOVSKA LESA

(continued)



- |   |   |  |
|---|---|--|
| 5 | 1 | step on R ft.                                |
|   | 2 | bend R knee, lifting and moving L ft bkwd    |
| 6 | 1 | step L on L ft                               |
|   | 2 | bend L knee, lifting and moving R ft bkwd    |
| 7 | 1 | small step or fall onto R ft, bending R knee |
|   | & | small step on L ft                           |
|   | 2 | small step on R ft                           |
| 8 | 1 | step on L ft sdwd L , taking wt (balance L)  |
|   | 2 | bend L knee                                  |

Note: Part 1 of “Bavno” is performed on the slow part of the accompanying recording and Part 2 “Barzo” is done to the fast part of the music.

Dance description by Jaap Leegwater 1993

Presented by Michael Ginsburg at Mendocino Folklore Camp, 2006