

He Cane

(Teke Region, S.W. Turkey)

Pronunciation: HAY djah-NAY (means "Oh, my soul")

Music: *Ahmet Lüleci Turkish Dances*, Band 11

3/4 Meter

Formation: Semi-circle, little fingers joined in V-pos.

Cts Pattern

INTRODUCTION One time through the melody.

FIGURE 1 (start with horn)

- 1 Step back on R diag to R, bending knees.
- 2 Step on L in front of R.
- 3-4 Repeat cts 1-2.
- 5 Step fwd on R diag to R.
- 6 Step on L to R behind R.
- 7 Step on R to R.
- 8 Step on L next to R.

FIGURE 2A

- 1 Step fwd on R, raising arms.
- 2 Step fwd on L, arms staying up.
- 3 Step fwd on R, raising arms further until straight arms are at head level and slightly fwd.
- 4 Touch and lift L toe, bouncing and bringing arms in, fwd and down to V-pos (ct 4).
(This is more subtle and not as deep as a Bulgarian-style arm pump to V-pos.) Swing arms down and back (ct &).
- 5 Step back on L, swinging arms fwd (ct 5) and back (ct &).
- 6 Step back on R, swinging arms fwd (ct 6) and back (ct &).
- 7 Step back on L, swinging arms fwd (ct 7) and back. (ct &)
- 8 Touch and lift R toe.

Sequence: Fig 1, Fig 2, Fig 1, Fig 2, etc. Leader decides/signals when to change.

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