

H I N E H M A T O V

(ISRAEL)

A popular line dance from Israel, the steps and music have been influenced by the Yemenites, introduced by Dvora Lapson of New York City and Beth Fawkes of Chicago.

MUSIC: Record: Folk Dancer MH 1091

FORMATION: Circle formation, or single line with leader at R end. Hands joined and down.

MUSIC 4/4

PATTERN

Measures

2 INTRODUCTION

- 1-2 I. Starting R ft, move CCW, facing LOD, hands down and joined, with 4 step-bend steps. (Step-bend: step (ct 1), bend both knees slightly (ct 2).)
- 3-4 Continue in CCW direction with 8 running steps (1 ct each).
- 1-4 Repeat action of meas 1-4, Fig. I.

- 5 II. Stamp R, taking wt (ct 1), hold (ct 2), step bwd on L (ct 3), step R to L (ct 4).
- 6 Step fwd L (ct 1), hold (ct 2), tap R ft beside L (ct 3), hold (ct 4).
- 7 Do a Yemenite 3 step: Step R with R (ct 1); step L (ct 2), step R across L (ct 3), hold (ct 4). The feet do not close on this step.
- 8 Repeat Yemenite 3 step beginning on L ft.

NOTE: Do not turn on the Yemenite 3 steps, keep facing into center of circle.

5-8 Repeat action of meas 5-8, Fig. II.
(repeated)