The Hora (Circle Dance)

(Israel)

Two dances were done to Hava Nagilla at the 1951 Folk Dance Camp. One was a circle dance and the other partner dance. Hava Nagilla is translated "Come Let Us Be Gay" and is a traditional East European Hora melody.

Music: Folkraft 1110-B, Victor 25-5079 A-1, Kismet 138-A (2)

Piano: Dances of Palestine, by Katya Delakova and Fred Berk. New York, B'Nai B'Rith Hillel Foundations, 212 Fifth Avenue, New York 10, New York. 1947.

Formation: Circle formation with hands placed on the next person's elbows or shoulders.

Steps: Jumping*, running*

Music: 4/4

Introduction: 2 measures on Folkraft 1110; others have no introduction as such. Measures During the first few measures the dancers may sway from L to R. Then without breaking the circle the combination of steps described is repeated over and over, gradually becoming more and more rapid in movement pattern with each repetition.

Step to L with L foot. Step R foot diagonally across L. Jump on to both feet keeping feet close together, and hop on L foot lifting the R foot slightly off the floor. Take three quick

running steps to the L (R, L, R) (cts. 3 & 4).