

HORA CHEMED
(Hora of Delight)

Dance: Moshe Halevy
Music: Moshe Halevy

Formation: Circle, facing Counter Clockwise, all join hands.

PART ONE

- 1- 2 Debka-jump with feet together turning knees to left side, jump again bringing knees to original position.
- 3- 4 Debka-jump in place and land on the left foot, and touch vigorously with the right heel next to the left foot.
- 5- 6 Hop on the left foot in place and step forward with the right foot.
- 7- 8 Follow step: left, together with right, left.
- 9-32 Repeat 1-8, so that you will have a total of 4 sets.

PART TWO

- 1- 3 Fast-walk on right, left, right.
- 4 Lean to your right (outside circle) and hit the back of the right hand on the palm of the left hand.
- 5- 8 Repeat 1-4 continuing with left foot and the last count will be to your left (inside the circle).
- 9-15 Repeat 1-8.
- 16 Lean to your left (inside circle) and hit the back of the right hand on the palm of the left hand while closing the right next to the left foot.

PART THREE

- 1- 4 Yemenite step to the left side. While crossing step-hop on the left.
- 5- 6 Small leap to the right side, cross with left in front of the right.
Join with right next to the left foot, while going on toes-heels.
- 8 On toes-heels.
- 9-16 Repeat 1-8.

BACK FROM ISRAEL - Hadarim III - Side II, band 2.