Line dance, facing Cow, hands joined down. L footed dance.

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PART I
 1
     L
           run fwd, around Ccw.
 2
     R
     L
     R
     L
           spring to side, twd Ctr.
            spring to side, out from Ctr.
     R
          } step hop fwd, around Ccw, high hop (or to side, out from Ctr, low hop).
     L
 9-16: reverse, moving around Ccw.
17-32: repeat, except turn to face in twd Ctr on count 32.
                                           PART II
          stamp in place, looking and pointing foot to left,
     hold around Cw, body facing in twd Ctr.
     R
            leap to side.
4
56
78
90
            step across over R.
                                  around Ccw.
     L
            leap to side.
     R
            step across over R.
     L
          fast Yemenite right.
     R,L
     R
     В
           bounce on toes in place, facing in twd Ctr.
     B
 11 B
 12 L
            stamp fwd, twd Ctr, R shoulder in, L ft still in place.
 13 (R)
            lunge fwd, twd Ctr, beyond previous stamp, turning to face Cw.
 14 R
            spring to side, back to place, straightening and turning to face in twd Ctr.
 15 L
 16 R
            close
         repeat, except turn to face Ccw on count 32.
 17-32:
```