Presented by Larisa Lucaci

HORA MARE

(Romania) (HORA MAH - REX

SOURCE:

Hora Mare is the starting dance at any dance event in many parts of

Romania.

SIDE 2- ZHOK LARISA USED MONITOR MF 314 MOLDAVIAN FOLK DANCES

MUSIC:

Record: Any Hora tempo music. Two which are pleasant and comfortable to follow: Monitor MF 314, Side 2, Band 5 (Hora No. 1), also, Elect-

record EPE 0106, Side 1, Band 1.

FORMATION:

Closed circle, hands joined at shoulder's height.

THE DANCE

leginning with the Left foot, take one step toward the center bringing the Right foot up to the Left without putting weight on it; take one step backwards with the Right foot, bringing the Left foot down to the Right foot with no weight on it. With the free Left foot take one step to the Left, step with the Right foot behind the Left, sidewards step with the Left foot.

2 (2 MEM Turning the body to the Right, the line of direction, take one slow step to the Right, next one long step with the Left foot in the same direction. (MAY BEZING-STEPS IN STEAD) 5 (2 MEAS

Take three quick steps with the body facing the center of the circle, beginning with the Right foot sidewards, Left foot following in the back, another small step sidewards with the Right foot.

With the free Left foot, start the dance from the beginning.