

HORA DE LA ÎNSURĂȚEI
(Romania)

This dance is from the area of Muntenia.

PRONUNCIATION: *NOTH-rah deh lah eum-soo-rah-TSEIH*

MUSIC: Electrocord ST-CS 0185, Side B, Band 9

FORMATION: *open* Circle dance, hands at shldr ht "W" pos

RHYTHM: *closed*

STYLE:

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 16 bars

PART A: (Facing ctr, hands held shldr ht)

- 1 Step L fwd (ct 1); bounce on L (ct 2)
- 2 Step R bk (ct 1); bounce on R (ct 2)
- 3 Travelling CW step L to L (ct 1); step R across L (ct 2)
- 4 Step L to L (ct 1); step R behind L (ct 2)
- 5 Step L to L (cts 1,2)
- 6 Stamp R beside L twice, no body wt (cts 1,2)
- 7 Step R to R (ct 1); step L beside R (ct 2); step R to R (ct 2)
- 8 Step L fwd and across R (ct 1); step bk on R (ct 2)
- 9-16 Rpt meas 1-8

PART B: (Facing ctr, travelling R diag fwd)

- 1 Step L fwd (ct 1); hop on L (ct 2); step R fwd (ct 2)
- 2 Step L fwd (ct 1); stamp R beside L (ct 2)
- 3 Travelling R diag. bkwd step R bk (ct 1); step L bk (ct 2)
- 4 Step R bk (ct 1); hop on R (ct 2)
- 5-16 Rpt meas 1-4 three times (4x in all)

PART C: (Facing ctr on the spot)

- 1 Leap onto L (ct 1); coss R over L (ct 2); step L (ct 2)
- 2 Rpt meas 1 with opp ftwk
- 3 Travelling bkwd, step L bk (ct 1); step R bk (ct 2)
- 4 Step L bk (ct 1); lift R (ct 2)
- 5 Travelling L diag fwd step R fwd across L (ct 1); step L beside R (ct 2)
- 6 Step R fwd across L (ct 1); bounce on R (ct 2)
- 7 Travelling L diag bkwd, step L bk (ct 1); step R beside L (ct 2)
- 8 Step L bk (ct 1); bounce on L (ct 2)
- 9-16 Rpt meas 1-8 with opp ftwk

DANCE PATTERN: A B C A B C A B ending

Presented by Nicolaas Hilferink
Idyllwild F.D. Camp, 1987

*Repeat meas 1-3. meas 4 -
step L in place (ct 1/2);
stamp R in place (ct 1).*