

HOT PRETZELS

American Round Dance

Record FOLK DANCER MH 3019

Hot Pretzels

FORMATION: Any number of people in a straight line, but do not make the lines too long. Five or six maximum. Lines are arranged like the spokes of a wheel around the ring. Hands may be joined, or after the dance is learned dancers may hold hands behind each other's backs.

PART 1: Place Left heel forward and pause.
Now take 3 quick steps like this:
Step back on Left foot.
Step to Right on Right foot
Cross Left over Right and put weight on it.

Place Right heel forward and pause.
Take 3 steps quickly like this:
Step back on Right foot.
Step to side on Left foot
Cross Right foot in front of Left.

Place Left heel forward, pause.
Take 2 quick steps in place, Left, Right.

PART 2 Walk forward 5 steps starting on Left foot.
Now Swing Right foot up high, leaning back.
Take 3 quick steps in place, Right, Left, Right.

Repeat the whole dance from beginning.

NOTE: The rhythm is syncopated, so as you do the 3 quick steps, you will find it best to do a definite forward and back movement (a sort of "twinkle")
There is a good deal of leaning backwards when the heel is thrust out.

Have fun!

