

1959 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Madelynne Greene

RHECHANIKI (BUCKWHEAT CAKES)

Ukrainia

SOURCE: Lucille Czarnowski brought this dance from Peter LeHedun, Ukrainian Dance Leader in Winnipeg, Canada. She has granted permission to Madelynne Greene to have it printed in the 1959 Santa Barbara Folk Dance Conference syllabus.

RECORD: Kismet-Rhechaniki 107-B (2/4) Speed should be slowed to 78.

FORMATION: Four couples form one set in this dance. W are on R of M. M have R arm at W's R hip, her RH on his. LH are joined and extended diagonally fwd to L. Couples are numbered from one to four.

MEASURES

PATTERN

FIG. I - Circle Set and Turn in Corners  
16 Couples in column formation, one behind the other, entering the LH corner of the side of the set toward the music, circle the set CCW. General step (leap, run, run) is used.  
16 After reaching the entrance corner, the set is again circled with each couple in turn leaving the column and remaining in a corner of the square in sequential order. After the first 4 general steps, No. 1 couple stays in the RH corner of the side of the set closest to the music, No. 2 couple after 4 general steps remains in the next corner and so on with couples No. 3 and 4.  
16 Upon reaching a corner each couple circles in place CW for 12 general steps and then takes the following step in place until the end of the last 16 measures. Facing partner (M's backs to center of the square) hands on own hips, leap swd R with RF (ct. 1), close L to R (ct. and), step in place with R at the same time extending L swd L (ct 2 and). Repeat reverse side.

FIG. II - Turn with Partner

Position: Join both hands with partner; move swd to R of partner, bringing arms up shoulder high, L elbow on line with shoulder.

8 Turn with 8 general steps. (Leap, run, run.)

8 Reverse position - L side toward partner and reverse turn.

FIG. III - Women Go to Center to Form Wheel

8 W go to the center with 4 of the following steps: With L shoulder toward center of square, step L (ct 1), cut step with R (ct 2), step L (ct 1) step R (ct and), step L (ct 2 and). Repeat starting RF, R shoulder leading. Both hands are on hips (cue - step-extend, st. st. st.)

Men - In place take following step: Leap swd on to RF, bringing LF in extended position in front of R (halfway between knee and ankle) (ct 1); hop on R and extend LF fwd - knee and ankle straight, toe about 12" from floor (ct 2) (cue - leap bend, hop extend). Reverse action, leaping into LF, bringing R up, etc.

*Continued...*

MEASURES

PATTERN

FIG. IV - Women Wheel

8  
8

No. 1 and No. 3 W join both hands, holding with curled fingers. No. 2 and No. 4 women do the same, joining hands under the other two W. With 8 Kolomyjka steps circle CW.

Repeat with 8 Kolomyjka steps circling, reverse direction.

Men - In place hop L (ct 1), place heel of RF on floor swd near supporting ft. (ct and), turn R toe out pivoting on heel (ct 2). Most of the weight is kept on the LF. Both hands are on hips. Take step for first 8 measures. (Cue - grinding step.)

Men - For Second 8 Measures - Take the following step: LH on hip, R diagonally upward, leap lightly onto LF, turning L shoulder toward center (ct 1), touch R toe in place, putting little weight on it (ct and) step L in place (ct 2), light step on toe of R in place (ct and). Step L in place (ct 1); very light step on toe of R (ct and); step L in place (ct 2). (cue - light run in place.) Reverse hand positions and repeat on other side, leaping lightly onto RF, R shoulder toward center.

FIG. V - Women Return to Partners

8

With hands on hips W return with Toe Heel steps. Hop on RF, touching toe of L close to and directly in front of R (ct 1); hop again on RF, touching heel of L in front of R (ct 2). Repeat on reverse foot. To make the change, take a little leap onto LF while touching R toe in front.

Men - take same step in place, turning heel out when toe is touched in front, and turning toe out when heel is touched in front. The heel is accented. Hands are on hips.

FIG. VI - Turn with Partner

8

Repetition of Fig. II.

FIG. VII - Men Go to Center to Form RH Wheel

8

Use the same step as the W, going to the center (step-extend-st. st. st.). Leg is lifted high in the "extend" and knees high on st. st. st.

Women - in place take the following step: Hop L and tap R heel in place (ct 1), tap heel again (ct and), tap R heel and step on R (ct 2). Repeat reversing foot action.

FIG. VIII - Men Wheel with Pryslad Kas

8

Men join RH with opposite - arm straight, L extended diagonally upward, and jump in squat position (ct 1), hop on R and extend L fwd, heel on floor. Repeat, extending R. Continue 8 measures. Turn on the last measure to join LH.

8

Reverse position - LH joined - RF is extended first.

Women - LH at back of neck, R extended diagonally fwd, downward, pushing down with palm of hand. Take little leap onto LF (ct 1); take a little brush step with RF, rotating leg inward, pushing heel slightly fwd outward (ct and). Step L (ct 2); same action with R (ct and). Step L (ct 1). Same action with R (ct and), step L (ct 2).

Repeat action, reversing position of hands and action of feet. Lift knee on change.

MEASURES

PATTERN

- 8      FIG. IX - Men Return to Partners  
Take same steps as in Fig. V. M taking toe-heel steps in line,  
W turning toe in and out.
- 8      FIG. X - Women Go to Center and Form RH Wheel  
Use same step as Fig. III. M use same step in place as did in  
Fig. III.
- 8      FIG. XI - Women Wheel  
With RH joined with opposite, L on hip, take 8 general steps,  
circling CW. Reverse with LH joined, same step. Men take same  
steps as in Fig. IV.
- 8      FIG. XII - Women Return to Partners  
Women and men take same steps as in Fig. V.
- 8      FIG. XIII - Turn with Partner  
Repetition of Fig. VI. (Fig. II)

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