

El Huarachazo

Chihuahua

- 16 Huarachazo Heel Twist X w/Partner
Y1, Y2, Y3...
RL, LR, RL...
STEP HEEL TWIST, STEP HEEL TWIST, STEP HEEL TWIST...
- 3 Side Back w/Partner
1, 2-Y1, 2, 3-1, 2-1, 2, 3
R, L-LL, R, L-R, L-R, L, R
STAMP SIDE, STAMP SIDE-STAMP STAMP, STAMP STAMPSTEP
BACK, STEP FRONT-STAMP, STAMP, STAMP
- 16 Huarachazo Heel Twist X w/Partner
Y1, Y2, Y3...
RL, LR, RL...
STEP HEEL TWIST, STEP HEEL TWIST, STEP HEEL TWIST...
- 8 In Out Heel Toe Circle w/Partner
1, 2, 3, 4, 5, 6, 7, 8
L, L, L, L, L, L, L, L (alt)
STAMP IN, STAMP OUT, STAMP IN, STAMP OUT, STAMP
IN, STAMP OUT, HEEL, X OVER POINT
- 16 Huarachazo Heel Twist X w/Partner
Y1, Y2, Y3...
RL, LR, RL...
STEP HEEL TWIST, STEP HEEL TWIST, STEP HEEL TWIST...
- 3 Side Back w/Partner
1, 2-Y1, 2, 3-1, 2-1, 2, 3
R, L-LL, R, L-R, L-R, L, R
STAMP SIDE, STAMP SIDE-STAMP STAMP, STAMP STAMPSTEP
BACK, STEP FRONT-STAMP, STAMP, STAMP
- 16 Huarachazo Heel Twist X w/Partner
Y1, Y2, Y3...
RL, LR, RL...
STEP HEEL TWIST, STEP HEEL TWIST, STEP HEEL TWIST...

El Huarachazo

Mexico - Chihuahua

The huarache or Mexican sandal is where the name of this dance comes from. Now it is a cowboy boot for the men and an Adelita type lace up or button boot for the women. The twisting of the foot and the upper body accenting the music adds coquettishness to the dance.

Pronunciation: el UA-ra-cha-zo

Translation: The sandal footwork

Music: El Huarachazo on the Vivian Acosta Festival CD or Chihuahua traditional or Sinaloa traditional or Sonora traditional. Origin disputed.

Formation: Couples with man and woman facing each other. Women have their fists on their waists with fingers facing back, and men have their thumbs in their belt buckle.

Meter: 4/4

Measure: Pattern

Introduction. No action.

- I. Huarachazo Heel Twist
Men and women use the same foot. Upper body twists as heel twists.
 - 1 Step on R to right and extend L heel in front with toe pointing to right (ct 1)
and twist L heel to left (ct +) and right (ct 2)
Step on L to left and extend R heel in front with toe pointing to left (ct 3)
and twist R heel to right (ct +) and left (ct 4)
 - 2-4 Repeat count 1-4 three times.
Total of 4 times making a complete circle CW
- II. Side Back
Face partner. Take hand hold same as for Mi Reyna. Man's left hand holds woman's right. Woman's left hand is on man's upper left arm. Man and woman use opposite footwork. Steps given for woman. Man uses opposite footwork.
 - 1-2 Loud step on R with weight to right (ct 1)
Stamp with no weight on L to left (ct 2)
Stamp with L (ct +), Step on L to L (ct 3)
Step on R with weight (ct +), step on L with weight (ct 4)
Step backward on R (ct 5) and lean away from partner holding both hands Step forward onto L (ct 6)
Stamp with weight onto R, L, R (ct 7+8)
 - 3-6 Repeat meas 1-2 two times (total of 3times)
- III. Huarachazo Heel Twist
Repeat pattern I making 2 complete circles CW
- IV. In Out Heel Toe
Men and women use opposite footwork. Keep same arm formation But leave enough space between partners so you don't kick each other. Steps given for woman. Man uses opposite footwork.

- 1-2 Quick leap onto R (ct +)
Stamp L diagonally right with toe pointing to R (no weight) (ct 1)
Stamp L diagonally left with toe pointing to L (no weight) (ct 2)
Stamp L diagonally right with toe pointing to R (no weight) (ct 3)
Stamp L diagonally left with toe pointing to L (ct 4)
Stamp L diagonally right with toe pointing to R (ct 5)
Stamp L diagonally left with toe pointing to L (ct 6)
Touch L heel to left side (ct 7)
Tuck and point L toe downward on floor across right foot (ct 8)
- 3-4 Repeat reversing footwork
- 5-8 Repeat meas 1-4
- 9-12 Repeat meas 1-4 moving in a complete circle CW
- V. Huarachazo Heel Twist
 Repeat pattern I making 2 complete circles CW
- VI. Side Back
 Repeat pattern II
- VII. Huarachazo Heel Twist
 Repeat pattern I making 2 complete circles CW

Disclaimer: The notes for this Mexican dance were re-written in approximate Federation format from dance notes submitted by the master teacher. Where there are questions, please refer to the teacher's original notes or the teacher's DVD.