

FAD

HUSTLE III

For your Social dance classes at Rivetside



which
hustle do
you want to do?

One of the biggest, sexiest "touch" dances around now is the Hustle. Your partner usually holds you close around the waist and you coordinate your steps to spend most of the time touching. He might also hold both your hands ... or one hand for breaks and turns.

There are two basic versions (plus lots of dips, twists, turns and other variations you can add to each). The "Brooklyn Hustle" is a lot like the old lindy, jitterbug or madison, but the style is more relaxed. The "Latin Hustle" mixes the lindy with some cha-cha and mambo for extra South American flavor (see step-patterns *right*).

You can hustle to almost any lively dance beat, but these super turn-ons were suggested by Steve D'Acquisto, D.J. for John Addison's Le Jardin discotheque in New York:

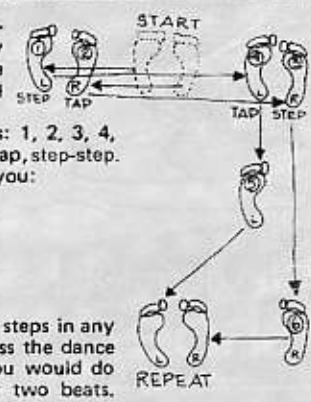
- "The Hustle," Van McCoy
- "Swearin to God," Frankie Vali
- "Stop and Think," The Tramps
- "Anyway You Wanna," The People's Choice
- "El Bimbo," Bimbo Jet

The following dance instructions are from Arthur Murray Dance Schools. They're for the woman's part; your partner would reverse the steps.

The Brooklyn Hustle. The beat is: 1, 2, 3, 4, 5, 6, or a simple step-tap, step-tap, step-step. Starting with your feet together, you:

- 1—Step left with left foot
- 2—Tap next to it with right foot
- 3—Step right with right foot
- 4—Tap next to it with left foot
- 5—Step back with left foot
- 6—Step back with right foot

Remember, you can do these steps in any direction ... walking back across the dance floor or circling in one spot. You would do any turns or twists on the last two beats.



The Latin Hustle. The beat is: 1, 2, 3-and-4, 5, 6. Starting feet apart, weight on left foot:

- 1—Tap right foot to left foot
- 2—Step right with right foot
- 3—Step with left foot, crossing behind right
- (and)—Uncross, stepping right foot next to left foot
- 4—Step forward and slightly to the left with left foot
- 5—Step right foot to left foot
- 6—Step left with left foot

