IGRAJ MOME -- Macadonia (Skopje)

(Lino dance, no partners) Mrps Mome

Translation: Let's Dance, Little Girl. (BARA

Rhythm: 9/8 (dada) :counted 1-and, 2-and, 3-and, 4-and-ah;

or "quick quick quick slow".

(counts 4-and).

Starting Position: "W" position. Left foot free.

Music 9/8 Measure VARIATION I Lift on right foot (count 1). Step slightly sideward loft on left foot (count 2), Cross and rock on right foot in front of left (count 3), Rock back on left foot in place (count 4). REPEAT pattern of measure 1 reversing direction and footwork. REPEAT pattern of measure 1. Turning to face slightly and moving right, lift on left foot (count 1), Two walking steps (right, left) forward (counts 2-3), Loaning slightly forward, LIFT-STEP (loft) forward (counts 4-and). Straightening body, three walking steps (left, right, left) forward (counts 1-3), Turning to face center, LIFT-STEP (left) sideward right

VARIATION II

Hop on right foot (count 1),
Turning to face slightly left, HOP-STEP (left) forward (counts 2-and),
Facing slightly and moving left, step forward on right foot, bending knee slightly (count 3),
Still facing slightly left, HOP-STEP (right) backward, turning to face center on the step (left) (counts 4-and).

 REPEAT pattern of measure 1 reversing direction and footwork.

7. REPEAT pattern of measure 1.
Turning to face slightly and moving right, REPEAT pattern of measure 1 reversing footwork, as follows:
Hop on left foot (count 1),
HOP-STEP (left) forward on left foot (counts 2-and),
Step forward on left foot (count 3),
HOP-STEP (left) forward (counts 4-and).

Three walking steps (left, right, left) forward (counts 1-3), a large HOP-STEP (left) forward turning to face center on the step (right) (counts 4-and).

## Song words (to Music CC only)

Igraj, igraj momė Kršna snaga tanec vodi. Veseli sme site nie Štom se igra, štom se pej. Dance, dance, little girl, Flowing, straight, leading the dance.

We are happy, all of us, When we dance, when we sing.