

JESIOTR

(Ye-sheo-ter) - Sturgeon

SOURCE: Dance from province of Kielce.

MUSIC: Record: BRUNO HI-FI, BR 50150, Side B, Band 13.

STARTING POSITION: Circle of cpls facing LOD side by side, W on the R side of the M. R hand of M & W joined; L hands joined across under the R hand at waist level.

PATTERN

Meas

PART A: (measures 1-20)

1 Progressing LOD, cpl takes one polka-step (two-step), M start with R ft, W with L ft.

Ct.	1	and	2
	step	close	step
M	R	L	R
W	L	R	L

2 M extend L heel fwds, W R heel; this is for ct. 1, ct. 2 hold.

3-4 Repeat Meas 1-2 with opp ftwk.

5-6 Keep hands joined & take pos face to face (M's back to ctr of circle) & make four side-steps, close, in RLOD (sliding steps).

7-8 Return back with four side-steps, close (sliding steps) LOD.

9-10 Cpl in sho-waist pos; do one pivot CW with four steps.

11-12 All hands on hips; M move bkwds to ctr of circle, W move bkwds away from ctr of circle - with four steps (away from each other).

13-14 With ftwk as in Meas 1-2 (polka-step & heel extended), progress fwd twd each other.

15-20 Repeat Meas 13-14 three more times.

PART B: (measures 1-12) BASKET

1-2 All M join hands in a circle with their backs to ctr. M stamp in place raising hands up.

Ct	1	and	2	1	and	2
	stamp	stamp	stamp	stamp	stamp	stamp
M	R	L	R	L	R	L

W turn 'on the spot' CW with four steps.

continued...

- 3-4 W join hands in a circle & move fwd to the M with two polka steps (two-step) placing themselves between 2 men, R sho with R sho of ptr - while M con't ftwk as in Meas 1-2 (stamping) & in last meas place their joined hands over W's heads on their backs.
- 5-8 All in LOD do 6 running-steps and three stamps.
- 9-12 Repeat Meas 5-8, in reverse (RLOD).

REPEAT THE WHOLE DANCE FROM THE BEGINNING.

PART C: (measures 1-12)

Cpls in social dance pos turn with polka-step as you desire and whenever you please.

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Presented by Jan Sejda
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