

JIFFY MIXER
(Jerry & Kathy Helt)

RECORD: "Teddy Bear Blues" Dot #45-15169

Most any rock 'n' roll or boogie

POSITION: Semi-closed, Facing LOD

FOOTWORK: Opposite, Directions for Man

Measures

Pattern

- | | |
|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1-4 | Heel, Toe; heel, toe; slide 1;2
In semi closed pos, starting with L heel on floor
then toe on floor; Repeat with L foot; Slide in LOD
2 slides. |
| 5-8 | Heel, toe; heel, toe; slide 1; 2
Repeat meas 1-4 in RLOD, starting with M R ft. |
| 9-12 | Chug; 2; 3; 4
With both ft on floor, chug away from ptr 4 chugs,
M twds COH W twds wall (like Bunnyhop) |
| 13-16 | Forward; 2; 3; 4
Every body do an individual 1/8 R face turn to a
new ptr, starting with M L ft W R ft, walk fwd 4 steps
to a new ptr. Repeat from beginning |

NOTE: This dance is recommended for teen agers or young minded adults