Line dance, facing in twd Ctr, hands joined down. R footed dance.

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PART I
 l
     R
           step to side.
                                                                moving around Ccw
           step diag fwd across over R, diag Ccw-Ctr.
                                                                with sharp steps.
     R
           step diag back to side, diag Ccw-out from Ctr.
                                                                Not quite a Mayim.
     L
           step slightly back, out from Ctr, almost in place.
 5-12:
        repeat.
 13 (R), R touch in place; then step in place.
 14
    L
           close
 15 R
           close, beginning leap in place.
16 L
           land in place, bringing back of L hand against
           R palm in a clap fwd at shoulder height.
 17-32:
         repeat.
                                         PART II
           sway to side, around Cow, facing in twd Ctr.
L,R \ fast Yemenite left.
    R(L)
          close, lifting L knee fwd.
           close, lifting R leg fwd.
           drop in place into a crouch.
           hop, still in a crouch.
           step-pivot in place or in a small circle, making a full turn CW through
          Ccw, out from Ctr, and Cw while rising up to normal height, arms
          outstretched straight fwd, hands in fists, or else hands down, or R hand
11 L
          straight overhead coming down sharply on count 11.
12 (R)
          touch in place, facing in twd Ctr.
13 R,L
         fast Yemenite right.
14 R
15 L,R \ fast Yemenite left.
16 L
17 (R)
         touch toe in place, facing in twd Ctr.
18 (R)
19 R(L)
          close, lifting L knee fwd.
          close, lifting R leg fwd.
20 L(R)
                                        not quite repeating 4-7.
21 B
          drop in place into a crouch.
55 F
          rise to normal height.
        repeat 1-18. This second time through PART II, there is a short ending.
23-40:
41 R
          close, beginning leap in place.
         land in place, bringing back of L hand down against
          R hand in a clap at shoulder height (repeating
          15-16 of PART I). (23-42: 3/4, 2/4, 4/4, 3/4, 4/4, 4/4)
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